



The Sitzmark

THE NEWSLETTER OF THE HIGH LIFE SKI
AND SNOWBOARD CLUB
AUGUST 2026

**Check for
updates
regarding in
person
meetings!**

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**Submission Deadline
for the September
Issue is
August 28**

**Send items to:
youngne1965@gmail.com**

President's Message

President, 917-577-3737

Submitted by Paul Roy

pauldenisroy@aol.com.

The July 10 pickleball event in Whippany, New Jersey, was a big success, with 30 players and a very enjoyable happy hour afterwards at Capital Craft nearby. Many thanks to Carol Cooney, Amanda Zega and Chris Cooney for setting up such a great time.

The June Cape Cod trip was a big hit as well, with 17 attending for up to a week. Thanks Phil Uhler!

Membership

It's time to renew your membership. Please do so.

High Life Ski Club Officers

**Below is the High Life Ski Club's Executive Board for the
June 1, 2026 through May 31, 2027 term.**

President – Paul Roy

Administrative VP/Membership – Carol Cooney

Officer at Large – Linda Burns

Treasurer – Jeffrey Zega

Recording Secretary – Maryanne Mecca

Corresponding Secretary – Barbara Capsouras

Parliamentarian – Ron Smolt

NJ Ski and Snowboard Council Representative – Bob Zega

Ski Trip Chairperson – Nina Tudorowsky

Activities Chairperson – Cliff Gawel

Newsletter Editor – Andrie Young

Social Media Coordinator – Jason Briggs

Chair of the Lodge Trustees - Chris Cooney

(President's Message Cont. pg 15)

The Lodge Committee hopes your summer has been fun and memorable. If you still have room in your August calendar, your High Life Lodge offers the opportunity to forge additional summer memories. Explore some hiking and biking trails, take a plunge in the Chittenden Reservoir, experience some thrills at the Killington Adventure Center, groove to the sounds of the Cooler-in-the-Mountain Concert Series, celebrate Vermont at the State Fair, or simply relax on our front porch with a cool beverage....your Vermont Lodge is waiting for you!!

July opened with a fantastic Independence Day weekend which saw several members celebrate our Nation's 250 th Anniversary "Killington-style". The long weekend provided the opportunity to kayak, hike, bike, and enjoy parades and fireworks! Special thanks to members Andrie and Dave Young for coordinating the weekend events and to house mom Jack McDevitt!!

High Life's golfers once again brought their "game" to Vermont. John Bossolt did a phenomenal job of coordinating rounds as Queensbury, Rutland CC, Killington, and Top of the World, as well as some amazing dinners (including a steak and seafood night). Kerry Klotz (as well as her friends "Margaret" and "Rita") made everyone feel welcome as house mom. Plans are already stirring for Golf Weekend 2027.....stay tuned!!

Speaking of John Bossolt....his efforts have allowed for the donation of TWO brand-new, custom painted Cornhole sets. They look phenominal!! Pictures are included in this edition of the Sitzmark. Please respect these boards...and please enjoy them!! Thank you John!!

Please note: As with any rural area, bears tend to be present during the warmer months. Please be sure to NOT leave any food items exposed overnight as this can certainly attract bears and other animals to our property. The Lodge Committee has been going through some painstaking efforts to ensure our garbage receptacles and garbage process minimizes any exposure....but PLEASE consult with your house-mom before leaving bags with any food waste. The Lodge Committee thanks you. (The bears do not....)

While you are enjoying the Lodge this summer, you may see some things which require attention (ie...low supplies, leaky faucet, etc). If you do see something, please let your house mom know as soon as you can (preferably while you are still at the Lodge). Sometimes a temporary "fix" can prevent a larger problem later. The Lodge Committee thanks you!!

The August schedule is wide open....so call up your High Life friends and spend some time in Vermont. Looking into September, the next work weekend will be September 11-13 th . We hope to see you in Vermont soon!

The Lodge Committee wishes everyone a great August!!

-Chris Cooney
Lodge Chairperson



APPRECIATION

Thank. you, John Bossolt,, for your donation of TWO brand-new, custom painted Cornhole sets.



Submitted by Chris Cooney

JULY EVENTS

July 4 Kayaking Weekend: Killington 4th of July event is always a special time. The weekend was overloaded with events and opportunities for entertainment or relaxation, it never disappoints. This year there were 10 of us in attendance, Personally my wife and I kayaked two mornings on a smooth as glass Chittenden reservoir. We had a sumptuous happy hour, pizza, finger food and watermelon. Showers moved in on the 4th, but they cleared out in time for the fireworks. The Killington concert however had to be moved indoors. The lodge was cool due to the advancing front, along with window fans. Special thanks to house mom Jack McDevitt for always being ready to pitch in. Hope all you readers get the chance to participate in the holidays ahead. After all, it is your lodge, enjoy it.

Submitted by David Young





JULY EVENTS CONT.



July 10

Pickle Ball Event





JULY EVENTS CONT.



Submitted by Chris
Cooney

LODGE GUIDELINES

Hello High Lifers!

With the increasing demand of Lodge use the Lodge Committee would like to streamline the communication process as it pertains to making Lodge reservations. This document is meant to be dynamic and will be continuously updated as we figure out what works and what doesn't. The Lodge Committee asks all members to take the below guidelines into consideration as you make your Lodge reservations. Remember...the key to an effective reservation is to have clear and comprehensive communication with your House-mom. As of November 1st, the Lodge will be collecting Winter rates for Lodge use. Please see the Lodge Rules and Regs for the current rates or ask your House-mom.

All reservations must be confirmed directly with a house mom before a payment is made. Failure to do so will result in a mandatory \$5 penalty to be paid into the Lodge Supply Bucket.

Guidelines for paying for Lodge stays through Zelle

For those who wish to utilize Zelle to pay for their Lodge usage, please be aware of the following guidelines:

1. **Members (only) can pay for Lodge stays and events electronically using the Zelle app on their mobile device.**
2. **NO ZELLE PAYMENT is allowed until after you've communicated with the house-mom and have a confirmation for your stay. If a payment is made prior to confirmation from the house-mom, a \$5 penalty will be assessed.**
3. **Zelle can ONLY be used for payments. No refunds will be made once a Zelle payment is confirmed. If a change to a reservation is made and is compliant with the Lodge rules, a credit will be issued.**
4. **If a member uses Zelle for payments, the member is responsible for ensuring they know how to correctly use the Zelle application. High Life Ski Lodge, Inc. is not responsible for any user error, application malfunction, or security of the relationship between Zelle and your bank account.**

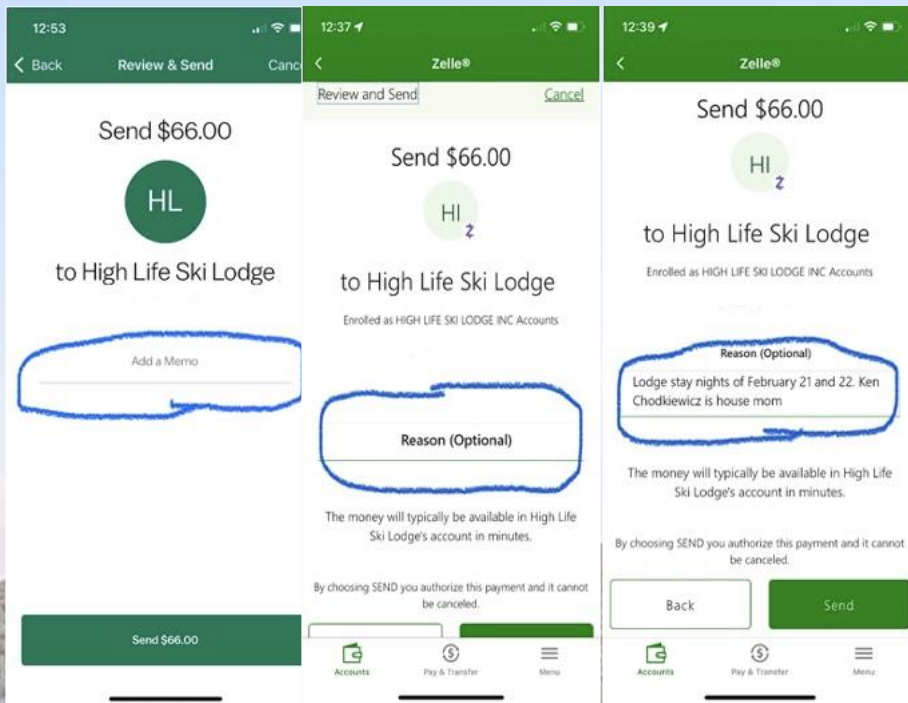
To pay using Zelle, please follow these instructions:

Confirm the recipient information with the House-mom. Input this information per House-mom instructions.

In the comment section, (may be listed as "Reason", "Add a Memo" or something similar based on your banking or Zelle app), please list dates of your intended overnights (ie. Jan 4,5,6) and the name of the corresponding house-mom. Including this information in the comment section eases tracking for your payments. Please note: This field is NOT required by Zelle to execute a transaction....you must consciously input the requested information. See Screenshots below. Failure to include this information will result in a \$5 penalty to be paid to the Lodge supply bucket.



LODGE GUIDELINES CONT.



Note: Your bank or Zelle app may look different. These are for example only.

Once you've completed the payment, please inform the house-mom. Optionally (if your personal banking information is not visible) you could additionally forward a screenshot or confirmation email.

REMINDER: *Making a Zelle payment prior to receiving house-mom confirmation of your reservation or failing to fill in the Reason/Memo section of the Zelle transaction will result in a \$5 penalty.*

Reservations are taken in person at Club meetings as per the dates on the Lodge schedule, which is posted on the Club Web Page (or you can ask a House-mom to email you the .pdf). After that meeting house moms will accept reservations by email or phone call only!! No initial contact with a House-mom via text-message.

Please call during reasonable hours of the day (hint: if you have to ask yourself if it's a reasonable time, chances are it isn't)...and remember that many of our House-Moms still work and might not be able to respond for several hours. Our House-Moms do their best to acknowledge your communication as quickly as possible, but at times an immediate response is not possible. If you'd like to go to the Lodge, please allow ample time for your House-Mom to get back to you. During your initial communication please include the following information

*****The High Life Lodge Committee loves our storm-chasers as well as those who love to spontaneously journey to Vermont. Please keep in mind that as you try to communicate with the house-mom, they may already be at the Lodge (especially if you are calling from Thursday-Monday). Please be sure to try calling the Lodge (802-773-9742) if you have difficulty communicating with the house-mom for your spontaneous plans.**



LODGE GUIDELINES CONT.

Your full name

2. Number in your group and composition (ie a couple, kids (ages), family, member or guest, etc) and their full names.

3. Date and day of arrival, the number of nights, and the date/day of departure

4. Your intended Payment method (Zelle, mailing a check, payment upon arrival, gift-card, voucher, etc)

-Below are some examples of the type of information that would best-help your communication with your House-mom. These are not intended to be all inclusive.... they're just samples.

Example 1

Hello my name is "John Smith". I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. I will be alone. If I can get bed XYZ, that would be great but will take what is available. I can give you a check upon arrival or mail to you. Thank you

Example 2

Hello my name is "John Smith" My wife "Jane Smith" and I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. Jane is also a member and we would like a couple's room if available. I can Zelle the payment and so as you can confirm. Thank you.

Example 3

Hello my name is "John Smith". I would like to make a reservation for myself, my son "Adrian Smith", my brother-in-law "Steve Harris" and his son "George Harris". Steve and George are not members. We would like to arrive at the lodge on Friday, December 1st, stay for 2 nights, and depart on the morning of the 3rd. If possible, I would like all of us in one room. I can mail you a check or give you a check upon arrival. Thank You.

Once you have your assigned bed, you are not allowed to change your sleeping location without approval from your House-mom. This includes taking a perceived empty bed in another room or in the attic.

There've been a few occasions when we have had members arrive late at night only to find someone in the bed/room they have been assigned. Mayhem and chaos ensue.

As House Moms we do our best to facilitate your reservation and make your Lodge experience as enjoyable as possible. We take into consideration each scheduled member coming-and-going, changes of plans (extending/shortening their stay), groups that would like to bunk in the same room, short notice requests and overlapping stays that cover two or even three different House Moms. Eighteen hundred bed nights is awesome...but can be a bit to juggle...so please, talk to the House Mom before moving from assigned bed/room. We promise to do our best to help.

We thank you for your cooperation and look forward to a wonderful Summer..

The Lodge Committee.



HIGH LIFE SKI CLUB APPAREL

Attention All High Life Members – New and Old:

Support the club, show pride in your membership, and advertise the club to new prospective members. Just place an order for High Life Ski Club apparel. We finally reached the minimum order and all who received their High Life apparel were very happy with the products.

We have some extra available for sale. I'll bring them to the meetings for all members to see. We have denim shirts, sweatshirts, tees, and polo shirts available.

Below is a list of what we will now offer with the High Life logo embroidered on each item:

High Life Apparel Pricing

<u>Item</u>	<u>Price</u>
Fleece Jacket (Full Zip)	\$37
Fleece Vest	\$32
Denim Shirt – long sleeve	\$32
Denim Shirt-short sleeve	\$30
Short Sleeve Tee	\$15
Long Sleeve Tee	\$18
Crewneck Sweatshirt	\$25
Hoodie Sweatshirt	\$30
Moisture Wicking Golf Shirt	\$25
Baseball hat	\$15
Knit Hat	\$15
Embroider your own item	\$10

Most colors are available with each item. Just let Sal know that color you want, and he will do his best to accommodate you. Merchandise can be picked up at the regular Tuesday night meeting or it can be mailed to you for a small fee. Payment can be made by check, cash, or credit card.

To place an order, email me at sal@thestratisgroup.net and tell me what item you want, the size, the color and how you'll pay for it as well as how you'd like to receive the order.

NJ SKI COUNCIL NEWS

1) Teton Gravity Research is offering its annual (Warren Miller type) ski movie. Unfortunately, it is not scheduled for a New Jersey showing unless Big Snow or Mtn. Creek picks it up. Currently it's being offered at two venues in NYC. but it isn't cheap. Pricing is according to the number of people sitting at the same table. An example is a table for 2 or 3 people will set you back \$317.50. The price goes up from there according to people/table. If you want more info. regarding this event, log onto NJ Ski Council website or email me.... [.NJSkiman@gmail.com](mailto:NJSkiman@gmail.com)

2) NJ Ski Council Trips

- a. Loon New Hampshire: this trip still has openings
- b. Mt. Tremblant, Canada: this trip is closed
- c. Banff, Canada: this trip still has openings
- d. Hakuba Valley Japan: this trip still has openings

3) Note Regarding NJ Ski Council Trips: Pricing for the last trip is still not firm due to fluctuations in airfare. Apparently as long as the skirmish in the mid-East continues the air fare will fluctuate. Once it's locked in, I will communicate it to you. Council trips typically have options for room type, and some trips have more than one air fare depending on what airline and day of departure you choose out of those offered. Both of these items require participant choice and rather than risking the possibility of misquoting a price for air fare or room type, I highly recommend that members log onto the NJ Ski Council website (NJSSC.org) to get accurate and timely information.

4) Killington: Although I value my teeth and bodily structure, hundreds of others apparently don't place the same value on theirs and go mountain biking. Killington offers mountain biking throughout the summer and fall. While I ride a bicycle on flat surfaces, I have yet to rocket down a mountain fall line on two wheels. However, if you are so 'inclined' (yes a pun was intended) log onto Killington's website to get the latest update on Mountain biking events.

Happy Summer everyone,

Bob Zega
NJ Ski Council Rep
High Life Ski Club

LOOKING AHEAD

September
12

Work Weekend - As we say goodbye to Summer and hello to Fall, let's join your High Life Friends to get to better and ready our Lodge for the season ahead. Join us!!



ATTENTION HIGH LIFERS:

OUR CAPE COD SPRING AND FALL DATES ARE SET

September 10-17 at Kingfisher Lodging in Dennis Cape Cod. As always, we have the run of the place meaning it is before their official opening (June) or after closing (September) and there is no maid service/daily cleaning.

For June, we are taking full week reservations only. For September, 2-7 night reservations will be accepted. All are \$105 a night per room for club members. How's that for holding down prices!

Reservations are open now and 1/2 the amount will reserve your room. Full amount is due 30 days before arrival.

Forms of payment: check written and payable to Philip Uhler sent to 371 Finch Lane. Bedminster, NJ 07921 Or Zelle to [Philuhler@ hotmail.com](mailto:Philuhler@hotmail.com) 908-295-4457 if you prefer.

Feel free to contact Phil Uhler for more information.

LOOKING AHEAD CONT.

September 22

First day of
Fall



July Sitzmark NJ Ski Council Announcements

NJ Ski Council is sponsoring several trips next winter as follows:

1) February 7 - 12/2027 - Mt. Tremblant, Canada: This trip is full and closed. There may be an opportunity via the wait list but officially the trip was closed when signups reached 150.

2) February 28 - March 5/2027 - Loon Mtn. New Hampshire

3) March 1 - 24/2027 Hakuba Valley, Japan: This is an Epic pass trip and includes skiing at TEN ski resorts. Several add ons are offered to different cities if you want to see some part of Japan.

The dates for this trip depend on what option you choose:

1) three days/nights in Tokyo returning home on March 24,

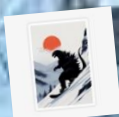
2) three days/nights in Kyoto and three days/nights in Tokyo returning home on March 27

3) three days/nights skiing in Niseko and three days/nights in Tokyo returning home on March 27

The biggest challenge arranging this trip has been the price of air fare. We've gone back and forth with United and although this is less expensive than our first quote, we're astonished at how much it has gone up relative to trips to Japan last year. We will try and rebook at a lower price as we get closer to 2027, however we can't make any promises. If you are interested in this trip, please log onto the NJ Ski Council website frequently to check for updates. If any are issued, I will also report them in the Sitzmark.

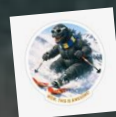
Note on Japan. The price will be high. Room choices range from US \$4K to \$5K. Airfare is not yet available.

Bob Zega



Skiing / Snowboarding in Japan

Submitted by David Young



LOOKING AHEAD CONT.

NOTES FROM SKI TRIP CHAIR



It's the beginning of the summer and we have to think about and prepare for the 2026/2027 ski season. At this point, HLSC will not have a European trip until 2027/2028. This coming season will be all about DRIVING TO DESTINATIONS. We will use our Vermont ski lodge for trips within driving distances and of course local day trips from New Jersey. This way people can use their IKON AND EPIC PASSES. Think about Camelback and Blue mountain resorts. Belleayre, Gore, Whiteface. Stratton, Killington, Pico, Sugarbush...New Hampshire, Maine. I will be sending out information about skiing day trips or other extended domestic trips through EMAIL BLASTS AND SITZMARK NOTIFICATIONS.

FREQUENT SKIER CARD: You can ski Belleayre, Whiteface or Gore Mountain for a discount by checking their websites for information. Here's one that I checked.

<https://www.belleayre.com/seasonpasses/#tab+pass-perks>

COUNCIL TRIPS PLANNED: If your schedule doesn't permit you to join HLSC members lodge/ day trips, you may wish to take advantage of ski opportunities presented by the New Jersey Ski and Snowboard Council. Visit their website for ski trip details. Some of the HLSC members have signed up or are on the waiting list for the Mont Tremblant, Quebec, Canada driving ski trip.

tudorowskynina@gmail.com



973.900.4412.

Nina Tudorowsky

Submitted by

President's Message Cont

Trips

The next Cape Cod trip is September 10-17. Contact Phil Uhler to sign up.

There will be no High Life Ski Club-sponsored ski trips this coming winter, for a variety of reasons. If you want to join a ski trip, check the excellent trips offered by the New Jersey Ski and Snowboard Council - go to **NJSSC.org** for details.

Meetings and Other Events

The Executive Board met July 14. The Lodge Trustees had a Zoom meeting July 28.

There's more on Lodge and Club meetings and events elsewhere in this newsletter and on the Club website. Below are upcoming meeting dates.

There will be Executive Board and membership meetings on August 11. The next Zoom meeting for all members will be October 6.

High Life Ski Club Meetings Schedule

- **Tuesday August 11 at Exchange Restaurant**
 - 6:30 pm Executive Board Meeting
 - 7:30 pm Membership Meeting
- **Tuesday August 25 at Exchange Restaurant**
 - 6:30 pm Lodge Trustees
 - 7:30 pm Membership Meeting
- **Tuesday September 8 at Exchange Restaurant**
 - 6:30 pm Executive Board Meeting
 - 7:30 pm Membership Meeting
- **Tuesday September 22 at Exchange Restaurant**
 - 6:30 pm Lodge Trustees
 - 7:30 pm Membership Meeting
- **Tuesday October 6 on Zoom**
 - 7:00 pm Membership Meeting
- **Tuesday October 13 at Exchange Restaurant**
 - 6:30 pm Executive Board Meeting
 - 7:30 pm Membership Meeting
- **Tuesday October 27 at Exchange Restaurant**
 - 6:30 pm Lodge Trustees
 - 7:30 pm Membership Meeting

HLSC Lodge 2026 Summer Season

WEEKEND Saturday	Dates	Event	START SIGN UPS Tuesday	Trustee	Combo
2-May	04/29-05/05		21-Apr	Steve Anderson	
9-May	05/06-05/12	Mother's Day	28-Apr	Chris Cooney	
16-May	05/13-05/19	Work Weekend	5-May	Donna Long	
23-May	05/20-05/26	Memorial Day	12-May	Jim Ferrone	
30-May	05/27-06/02		19-May	Nancy Mathiesen	
6-Jun	06/03-06/09		26-May	Mike Burbridge	
13-Jun	06/10-06/16		3-Jun	Chris Moser	
20-Jun	06/17-06/23	Father's Day	9-Jun	Ken Chodkiewicz	
27-Jun	06/24-06/30	Work Weekend	16-Jun	Steve Anderson	
4-Jul	07/01-07/07	July 4th/Kayak Weekend	23-Jun	Jack McDevitt	7/4 Kayak Event
11-Jul	07/08-07/14		30-Jun	Jim Ferrone	
18-Jul	07/15-07/21	Golf Weekend	7-Jul	Kerry Klotz	
25-Jul	07/22-07/28		14-Jul	Nancy Mathiesen	
1-Aug	07/29-08/04		21-Jul	Chris Cooney	
8-Aug	08/05-08/11		28-Jul	Mike Burbridge	
15-Aug	08/12-08/18		4-Aug	Ken Chodkiewicz	
22-Aug	08/19-08/25		11-Aug	Donna Long	
29-Aug	08/26-09/01		18-Aug	Jack McDevitt	
5-Sep	09/02-09/08	Labor Day	25-Aug	Steve Anderson	
12-Sep	09/09-09/15	Work Weekend	1-Sep	Chris Moser	
19-Sep	09/16-09/22		8-Sep	Jim Ferrone	
26-Aug	09/23-09/29		15-Sep	Kerry Klotz	
3-Oct	09/29-10/06	Motorcycle Touring	22-Sep	Chris Cooney	
10-Oct	10/07-10/13	Work Weekend	29-Sep	Ken Chodkiewicz	
17-Oct	10/14-10/20		6-Oct	Nancy Mathiesen	
24-Oct	10/21-10/27		13-Oct	Jack McDevitt	
31-Oct	10/28-11/03		20-Oct	Mike Burbridge	
7-Nov	11/04-11/10		27-Oct	Donna Long	
14-Nov	11/11-11/17	Work Weekend	3-Nov	Chris Cooney	***Hike from 11/16-11/20***
21-Nov	11/18-11/24	Mid-week Hike	10-Nov	Kerry Klotz	***Hike from 11/16-11/20***
28-Nov	11/25-12/1	Thanksgiving	17-Nov	Ken Chodkiewicz	
5-Dec	12/2-12/08		24-Nov	Chris Moser	
DONNA LONG (201) 317-7830 dannl100@yahoo.com			KEN CHODKIEWICZ (973) 919-1962 kchod27@gmail.com		
KERRY KLOTZ (973) 420-5444 kerryklotz@gmail.com			NANCY MATHIESEN (201) 400-2597 nhackelberg@yahoo.com		
JIM FERRONE (973) 650-7060 jimbikeski@aol.com			MIKE BURBRIDGE (973) 610-3692 tyrus8@aol.com		
JACK MCDEVITT (845) 988-6081 jack.mcdevitt@gmail.com			STEVE ANDERSON (201) 739-4380 hillfesc@outlook.com		
CHRIS COONEY (201) 400-4021 chriscooney5150@gmail.com			CHRIS MOSER (856) 905-7960 jeager1234@yahoo.com		
HL Lodge			802-773-9742		