



# The Sitzmark

THE NEWSLETTER OF THE HIGH LIFE SKI  
AND SNOWBOARD CLUB

APRIL 2026

Check for  
updates  
regarding in  
person  
meetings!

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Submission Deadline  
for the May Issue is  
April 29

Send items to:  
[youngne1965@gmail.com](mailto:youngne1965@gmail.com)

**President's Message**  
President,

917-577-3737

Submitted by Paul Roy  
[pauldenisroy@aol.com](mailto:pauldenisroy@aol.com).

## Elections

Election night is Tuesday April 28 at 7:30 pm for all Executive Board positions and five Lodge Trustees. Please join us as we need at least 38 members (10% of all members) in attendance to have a valid election. Linda Burns is working with the Exchange chef on a tasty meal for us that night - paid by the Club. On March 10, I appointed the Nominating Committee including Parliamentarian Ron Smolt, Carol Cooney and Linda Burns. The Nominating Committee will present a slate of candidates at the April 14 membership meeting - nominations that night are welcome. Contact Ron, Carol or Linda if you are interested in running. There is more information on these positions at the Club's website at the Administration tab, including the HLSC Bylaws and the Bylaws Amendments.

## Membership

Your Club's membership is still growing. As of late March, we have 375 members including 48 new. 375 members is a big increase, 18 more than one year ago.

## High Life Ski Club Officers

Here is your Executive Board for the June 2025-May 2026 term:

President – Paul Roy

Administrative VP/Membership – Carol Cooney

Officer at Large – Linda Burns

Treasurer – Jeffrey Zega

Recording Secretary – Sal Pulitano

Corresponding Secretary – Barbara Capsouras

Parliamentarian – Ron Smolt

NJ Ski and Snowboard Council Representative – Bob Zega

Ski Trip Chairperson – Nina Tudorowsky

Activities Chairperson – Cliff Gawel

Newsletter Editor – Andrie Young

Social Media Coordinator – Jason Briggs

Chair of the Lodge Trustees - Chris Cooney

(President's Message Cont pg 15)

## LODGE REPORT

The High Life Ski Lodge is enjoying another epic season....and it isn't over!! Though warm temperatures have melted the snow in New Jersey, great ski conditions are still found at your favorite Vermont Resorts!! Killington is still boasting 90+ open trails....and once again the snow glacier has returned to Superstar to ensure weeks of turn on soft bumps!. April also brings fun annual favorites like The Mogul Challenge and Pond Skimming....so keep your skis and boards waxed and tuned and make your Lodge reservations today!!

The Lodge Committee happily purchased 10 new mattresses for the attic space. These mattresses were paid for by a combination of money from the Lodge Treasury, money from the Club Treasury, and dollars accumulated from our fundraiser dinners and events! Delivery of these mattresses is expected by mid-May. The Lodge Committee would like to thank the Club Executive Board as well as each of you who has participated in a fundraiser. Kudos to Donna Long for spearheading the project and negotiating a great deal!!

The Luck of the Irish returned to The High Life Lodge!! The St. Patrick's Day dinner and party were held on March 14 th . After an amazing, snow-filled day, High Lifers consumed pounds of corned beef and trays of Shepard's Pie!! Afterwards, the fun transitioned to our barn for some games and additional revelry. Huge thank you to Carol Cooney, Kerry Klotz (and her friends Margaret and Rita), Mike Dolimount and all who helped create another memorable weekend in Vermont.

In late March Donna Long once again hosted a group of friends from Morris County Ski Club. Some unseasonable cold temperatures made late-March feel like mid-February. After a couple of days of great skiing, Donna prepared a great dinner featuring chicken piccata, eggplant parmesan, sausage and peppers, pasta and a Greek salad....followed by some incredible pies from Mendon Orchard. The evening concluded with billiards, music, and some March Madness out in the Barn.

Looking for some spring fun? Don't forget that Killington hosts both, the Bear Mountain Mogul challenge on April 4 th ! Amanda and Chris are once again hosting the High Life tailgate (and Friday evening après party) so reach out if you'd like to join in! April 11 th is Killington's Pond Skimming event at K1.....another awesome spring tradition.

April is Election time at High Life!! There are 5 Lodge Committee positions open. Though all 5 current trustees are running for reelection, any eligible member of High Life is encouraged to throw their hat into the ring. If you have any questions about the responsibilities of the Lodge Committee, please contact any current trustee. If you would like to run, please contact Club Parliamentarian Ron Smolt to initiate the nomination process.

The Lodge Committee has set the first work weekend for May 15-17 th . Come out and help keep our Lodge in pristine shape!!

The Lodge Committee reminds everyone to communicate with their house moms in a timely fashion, complete assigned chores and help take care of The Lodge. If you see something awry (ie. broken blind, dent in the wall, poorly draining sink, etc) please let your House Mom know. Also, please initiate all reservation communication with the respective house-mom via phone call and/or email. Your house-moms will do their best to respond as quickly as possible. Be sure to read the signup guide posted in the Sitzmark so you are familiar with the process when you speak to your house mom.

We can't wait to see you at The Lodge!!

-Chris Cooney  
Lodge Chairperson

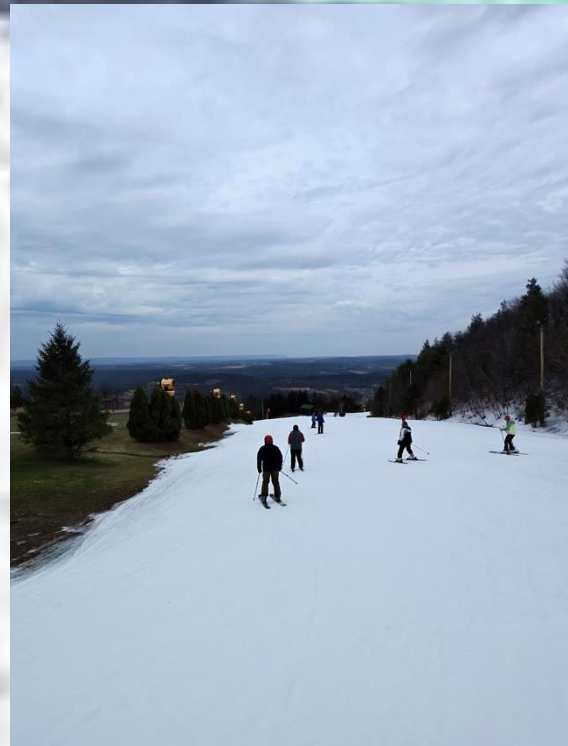
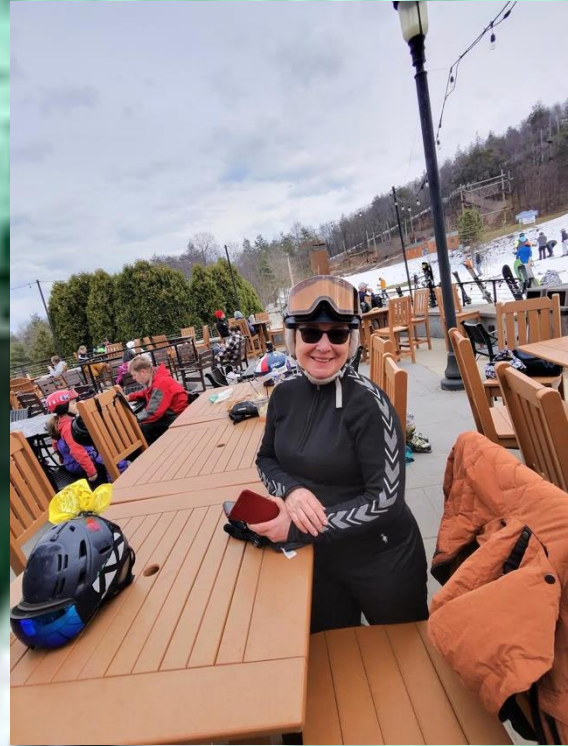


# MARCH EVENTS

March 20

On March 20th, a group of approximately 15 High Lifers enjoyed a fantastic day of skiing at Blue Mountain. The weather was beautiful with clear sun and perfect spring conditions, allowing the majority of the group to ski together throughout the day. Following our time on the slopes, everyone gathered at the bar for pizza and cocktails, which were generously provided by High Life.

It was a wonderful trip, and we all had a great time.



Submitted by Cliff  
Gawel

## LODGE GUIDELINES

Hello High Lifers!

With the increasing demand of Lodge use the Lodge Committee would like to streamline the communication process as it pertains to making Lodge reservations. This document is meant to be dynamic and will be continuously updated as we figure out what works and what doesn't. The Lodge Committee asks all members to take the below guidelines into consideration as you make your Lodge reservations. Remember....the key to an effective reservation is to have clear and comprehensive communication with your House-mom. As of November 1<sup>st</sup>, the Lodge will be collecting Winter rates for Lodge use. Please see the Lodge Rules and Regs for the current rates or ask your House-mom.

**All reservations must be confirmed directly with a house mom before a payment is made**  
**Failure to do so will result in a mandatory \$5 penalty to be paid into the Lodge Supply Bucket.**

### Guidelines for paying for Lodge stays through Zelle

For those who wish to utilize Zelle to pay for their Lodge usage, please be aware of the following guidelines:

1. Members (only) can pay for Lodge stays and events electronically using the Zelle app on their mobile device.
2. **NO ZELLE PAYMENT** is allowed until after you've communicated with the house-mom and have a confirmation for your stay. If a payment is made prior to confirmation from the house-mom, a \$5 penalty will be assessed.
3. Zelle can **ONLY** be used for payments. *No refunds will be made once a Zelle payment is confirmed.* If a change to a reservation is made and is compliant with the Lodge rules, a credit will be issued.
4. If a member uses Zelle for payments, the member is responsible for ensuring they know how to correctly use the Zelle application. High Life Ski Lodge, Inc. is not responsible for any user error, application malfunction, or security of the relationship between Zelle and your bank account.

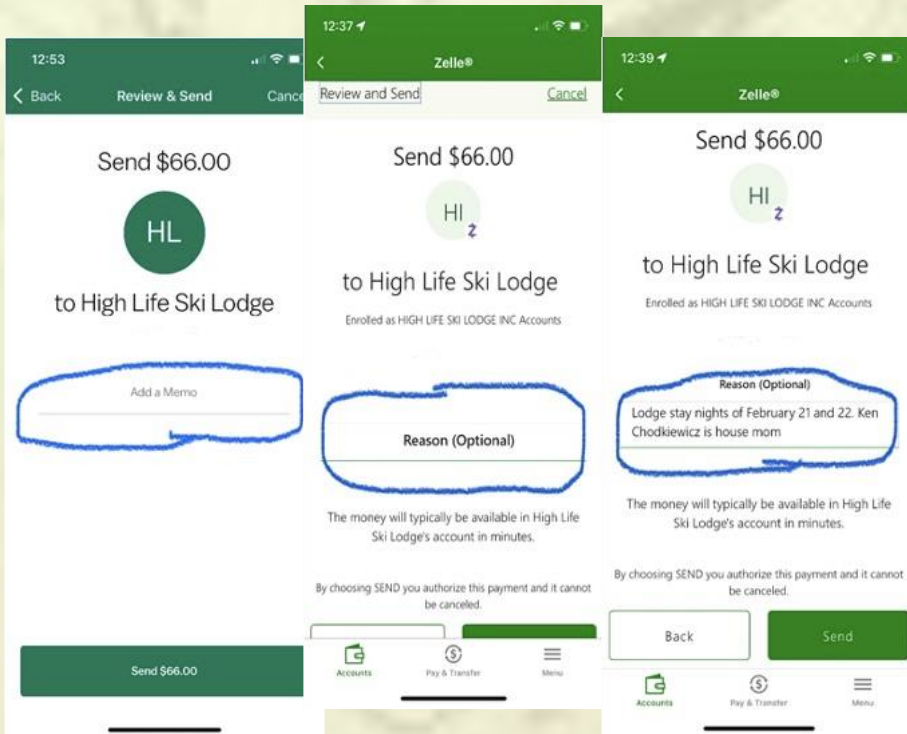
To pay using Zelle, please follow these instructions:

Confirm the recipient information with the House-mom. Input this information per House-mom instructions.

In the comment section, (may be listed as "Reason", "Add a Memo" or something similar based on your banking or Zelle app), please list dates of your intended overnights (ie. Jan 4,5,6) and the name of the corresponding house-mom. Including this information in the comment section eases tracking for your payments. Please note: This field is **NOT** required by Zelle to execute a transaction.....you must consciously input the requested information. See Screenshots below. Failure to include this information will result in a \$5 penalty to be paid to the Lodge supply bucket.



## LODGE GUIDELINES CONT.



**Note: Your bank or Zelle app may look different. These are for example only.**

Once you've completed the payment, please inform the house-mom. Optionally (if your personal banking information is not visible) you could additionally forward a screenshot or confirmation email.

**REMINDER:** Making a Zelle payment prior to receiving house-mom confirmation of your reservation or failing to fill in the Reason/Memo section of the Zelle transaction will result in a \$5 penalty.

Reservations are taken in person at Club meetings as per the dates on the Lodge schedule, which is posted on the Club Web Page (or you can ask a House-mom to email you the .pdf). After that meeting house moms will accept reservations by email or phone call only!! No initial contact with a House-mom via text-message.

Please call during reasonable hours of the day (hint: if you have to ask yourself if it's a reasonable time, chances are it isn't)...and remember that many of our House-Moms still work and might not be able to respond for several hours. Our House-Moms do their best to acknowledge your communication as quickly as possible, but at times an immediate response is not possible. If you'd like to go to the Lodge, please allow ample time for your House-Mom to get back to you. During your initial communication please include the following information

\*\*\*The High Life Lodge Committee loves our storm-chasers as well as those who love to spontaneously journey to Vermont. Please keep in mind that as you try to communicate with the house-mom, they may already be at the Lodge (especially if you are calling from Thursday-Monday). Please be sure to try calling the Lodge (802-773-9742) if you have difficulty communicating with the house-mom for your spontaneous plans.



## **LODGE GUIDELINES CONT.**

Your full name

2. Number in your group and composition (ie a couple, kids (ages), family, member or guest, etc) and their full names.
3. Date and day of arrival, the number of nights, and the date/day of departure
4. Your intended Payment method (Zelle, mailing a check, payment upon arrival, gift-card, voucher, etc)

-Below are some examples of the type of information that would best-help your communication with your House-mom. These are not intended to be all inclusive.... they're just samples.

### **Example 1**

Hello my name is "John Smith". I would like to arrive at the lodge on Friday, Dec 1<sup>st</sup> and stay for 2 nights, leaving the morning of the 3<sup>rd</sup>. I will be alone. If I can get bed XYZ, that would be great but will take what is available. I can give you a check upon arrival or mail to you. Thank you

### **Example 2**

Hello my name is "John Smith" My wife "Jane Smith" and I would like to arrive at the lodge on Friday, Dec 1<sup>st</sup> and stay for 2 nights, leaving the morning of the 3<sup>rd</sup>. Jane is also a member and we would like a couple's room if available. I can Zelle the payment and so as you can confirm. Thank you.

### **Example 3**

Hello my name is "John Smith". I would like to make a reservation for myself, my son "Adrian Smith", my brother-in-law "Steve Harris" and his son "George Harris". Steve and George are not members. We would like to arrive at the lodge on Friday, December 1<sup>st</sup>, stay for 2 nights, and depart on the morning of the 3<sup>rd</sup>. If possible, I would like all of us in one room. I can mail you a check or give you a check upon arrival. Thank You.

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Once you have your assigned bed, you are not allowed to change your sleeping location without approval from your House-mom. This includes taking a perceived empty bed in another room or in the attic.

There've been a few occasions when we have had members arrive late at night only to find someone in the bed/room they have been assigned. Mayhem and chaos ensue.

As House Moms we do our best to facilitate your reservation and make your Lodge experience as enjoyable as possible. We take into consideration each scheduled member coming-and-going, changes of plans (extending/shortening their stay), groups that would like to bunk in the same room, short notice requests and overlapping stays that cover two or even three different House Moms. Eighteen hundred bed nights is awesome...but can be a bit to juggle...so please, talk to the House Mom before moving from assigned bed/room. We promise to do our best to help.

We thank you for your cooperation and look forward to a wonderful Spring.

The Lodge Committee.



## TRIP EVENTS

**ZERMATT JANUARY 30 TO FEBRUARY 7, 2026**

**HLSC members enjoyed all of the activities during the week's stay in a beautiful spa boutique hotel.**

**The Matterhorn: Reaching 4,478 meters.**

**Gornergrat Railway: Europe's highest open-air cogwheel railway climbs to 3,089 meters, offering views of 29 peaks over 4,000 meters and the Gorner Glacier.**

**Matterhorn Glacier Paradise: The highest cable car station in Europe (3,883 meters) features a 360-degree viewing platform and the Glacier Palace, an ice cave with sculptures located deep beneath the surface.**

**Old Village (Hinterdorf): A historic quarter featuring over 30 traditional larch-wood houses, barns, and granaries dating back 300 to 500 years.**



## TRIP EVENTS CONT.

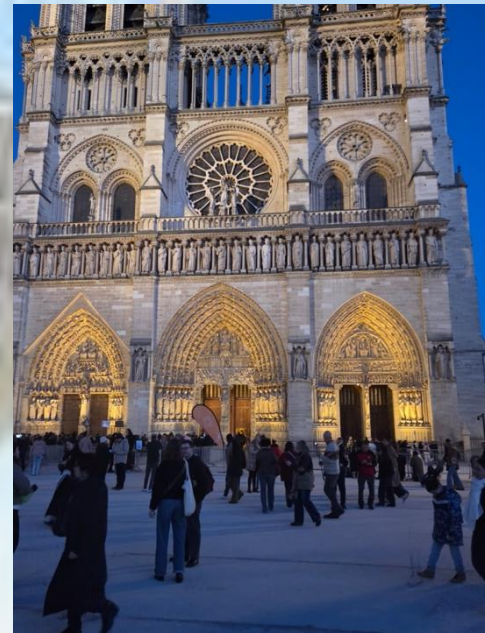


PARIS FEBRUARY 7 - 10, 2026

Eiffel Tower: The world-famous symbol of Paris, featuring three floors, observation decks, and restaurants.



Notre-Dame Cathedral: A 12th-century Gothic masterpiece, reopened in December 2024 following extensive post-fire restoration.



Arc de Triomphe: A monumental arch commissioned by Napoleon, offering exceptional views of the Champs-Élysées from its top.



Louvre Museum: The world's largest art museum, housing the Mona Lisa and thousands of other masterpieces.





# TRIP EVENTS CONT.

Whitefish, Montana FEBRUARY 21 - FEBRUARY 28, 2026



All Trip Events  
Submitted by Nina Tudorowsky

HAPPY  
EARTH DAY



2026

shutterstock.com - 2425428721

## APRIL EVENTS

HAPPY  
EARTH DAY



2026

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April 4

**Mogul Challenge -**  
Cooney/Zega Team will once again host the tailgate and party for the Bear Mountain

(and Friday evening après party)



April 11

**Killington's Pond Skimming**



April 22

**Earth Day**

April  
29<sup>th</sup>

### **NJ Ski Council Announcement**

All unused vouchers must be returned to the Council not later than April 29<sup>th</sup> which means I need them a few days prior to that date.

**Bob Zega**

## LOOKING AHEAD

**ATTENTION HIGH LIFERS:**

**OUR CAPE COD SPRING AND FALL DATES ARE SET**

**June 11-18 and September 10-17** at Kingfisher Lodging in Dennis Cape Cod. As always, we have the run of the place meaning it is before their official opening (June) or after closing (September) and there is no maid service/daily cleaning.

For June, we are taking full week reservations only. For September, 2-7 night reservations will be accepted. All are \$105 a night per room for club members. How's that for holding down prices!

Reservations are open now and 1/2 the amount will reserve your room. Full amount is due 30 days before arrival.

On June 17th and September 6th, we will hold a group lobster dinners for those wishing to participate. \$30 per person, payable in at time of your final room reservation payment

(1 month before arrival) -no exceptions as I have to order this large amount of lobsters in advance.

Forms of payment: check written and payable to Philip Uhler sent to 371 Finch Lane. Bedminster, NJ 07921 Or Zelle to [Philuhler@hotmail.com](mailto:Philuhler@hotmail.com) 908-295-4457 if you prefer.

Feel free to contact Phil Uhler for more information.

## **APPRECIATION PAGE**

**Hello High Lifers,**

**Although we only had one racer participate in Saturday's NJSSC President's race, it was a success as always.**

**I want to thank Karen Sanderson for undertaking the job of putting it all together once again. She's been coordinating this race for over 30 years mostly by herself. She arranges the date a year in advance, she types up and sends out the race notices to all the club race captains/teams. She collects and distributes the money for the race, tickets and some of the prizes, she coordinates the hill, the course and the timing with the mountain crew. She drives around collecting the prizes, types up the racers names and prizes for the drawings and while everyone is out skiing and having fun, she's on her computer typing up the results of the race for each club. Oh yeah, she also shops for the medals we receive. Karen now lives in Hunter so if you run into her at the mountain please thank her for her years of hard work.**

**And just so you know, with plenty of time in advance, the date for next year's race is Saturday, March 20, 2027. Please mark your calendars. It would be nice to field a team.**

**Hope to see you on the slopes.**

**Linda B**

**BASIC SKI AREA INFORMATION**  
**ALWAYS CHECK PRICES ON LINE THEY MAY CHANGE**

**NEW JERSEY**

**MT. CREEK 973-827-2000**

**AGE 7 - 79**

**Full day ticket open to close Mon - Fri \$100+ Weekend \$120+**

**Twilight 3pm - close \$80**

**Triple Play No Blackout Dates \$140**

**Parking from free to \$20 - \$50 depending where you park**

**SENIOR 80+ Free**

**PENNSYLVANIA**

**SHAWNEE MT. 570-421-7231**

**These are window prices. You may get a cheaper rate on line**

**ADULT age 19 - 64 SENIOR age 65 - 69 YOUTH 18 & under**

**One Day ticket Mon - Fri ADULT \$70 SENIOR \$53 YOUTH \$52**

**One Day ticket Weekend ADULT \$90 SENIOR \$75 YOUTH \$70**

**Twilight 3pm - close ADULT \$55 SENIOR \$50 YOUTH \$50**

**SUPER SENIOR 70+ FREE at all times**

**Military Discount**

**CAMELBACK IKON PASS 855-515-1283**

**They lowered prices and deleted paid parking**

**MON - FRI 9am - 9pm WEEKEND 8:30am - 9pm**

**AGE 6 - 69**

**Open to close - from \$55**

**4 Hour ticket - Start at any time during day from \$44**

**Twilight 3pm - close - from \$36**

**SENIOR 70+ \$10**

**Triple Tickets Get 3 full days of skiing / riding ONLINE**

**Military Discount**

**Snow Tubing \$29 - 2HR**

**BLUE MOUNTAIN IKON PASS 610-826-7700**

**FLEX PRICING PURCHASE ON LINE**

**8 Hour Start anytime 4 Hour AM (start before 12 noon)**

**4 Hour (start between noon and 3pm) Evening (after 4pm)**

**Prices vary from \$41 to \$90**

**Best bet go online. Prices vary from day to day and some days sell out**

**Military Discount**

**Snow Tubing**

**BASIC SKI AREA INFORMATION. CONT.**  
**ALWAYS CHECK PRICES ON LINE THEY MAY CHANGE**

**BIG BOULDER - JACK FROST EPIC PASS 570-443-8425**

Can buy tickets on the EPIC PASS app

**FLEX PRICING ON LINE \$80 - \$110**

**ADULT 13 - 64**

**SENIOR 65+**

**Military Discount**

**Snow Tubing**

**MONTAGE MOUNTAIN - SCRANTON 570-969-7669**

**SKI FOR ALL Mon-Thurs \$45 Non holiday Mondays**

**WEEKEND/HOLIDAY 4HR FLEX from \$75**

**6 HR FLEX from \$84**

**8 HR FLEX from \$93**

**SENIOR \$15 AT ALL TIMES**

**ELK MOUNTAIN 570-679-4400**

**RFID CARD \$5**

Prices same online or at window. Does not limit sales

Beginner prices for any age

Mid week is Mon - Wed

Adult age 18 - 64 Mid Week \$81 Weekend \$98

Senior age 65 - 74 Mid Week \$71 Weekend \$85

Super Senior age 75+ Mid Week \$61 Weekend \$73

Military Discount

**SENIOR Tuesdays 65+ \$50 Collage Wednesdays \$50**

8 HR & 4 HR tickets Prices higher on weekends

Check website for more info & prices

**NEW YORK STATE**

**BELLEAYRE MT 845-254-5600 CASHLESS AREA**

RFID CARD \$5 Purchase on line - no window walk-up

Weekend and Holiday must be purchased on line

**Tickets are DATE SPECIFIC PRICES VARY**

**ADULT 20 - 64 \$119**

**SENIOR 65 - 69 \$94**

**SENIOR 70+ \$55 At all times - can be bought at window anytime**

Military Discount

**HUNTER MOUNTAIN EPIC PASS 518-263-4223**

**FLEX PRICING BUY ONLINE Limited Availability on popular days**

Age 18 - 64 Mid Week \$109+ Weekend \$150 - \$180

SENIOR 65+ Mid Week \$96+ Weekend \$130 - \$158

Military Discount

**Submitted by Linda**

**Burns**

### Trips

Cliff Gawel organized a Club ski day at Blue Mountain (PA) Friday March 20. Conditions were perfect, plenty of snow, soft moguls, spring temperatures, and 16 members showed up, thanks Cliff!

The Cape Cod trips are June 11-18 and September 10-17. Contact Phil Uhler to sign up. If you'd like to help run these trips, Phil would appreciate that too!

### Meetings and Other Events

The Executive Board met March 10. At that night's membership meeting we had 15 attendees. You can get High Life Ski Club apparel now from Sal Pulitano. The Lodge Trustees met March 24. There's more on Lodge and Club meetings and events elsewhere in this newsletter and on the Club website. Below are the upcoming meeting dates.

The next Zoom meeting for all members will be May 5.

### High Life Ski Club Meetings Schedule

#### ● Tuesday April 14 at Exchange Restaurant

6:30 pm Executive Board Meeting

7:30 pm Membership Meeting

**(present nominations and slate of candidates)**

#### ● Tuesday April 28 at Exchange Restaurant

6:30 pm Lodge Trustees

7:30 pm Membership Meeting

**(Election - the Club will provide food)**

#### ● Tuesday May 5 Zoom

7:00 pm Membership Meeting

#### ● Tuesday May 12 at Exchange Restaurant

6:30 pm Executive Board Meeting **(appoint Nominating Committee)**

7:30 pm Membership Meeting

#### ● Tuesday May 26 at Exchange Restaurant

6:30 pm Lodge Trustees

7:30 pm Membership Meeting

HLSC Lodge 2025-26 Winter Season

WEEKEND Saturday	Dates	Event	START SIGN UPS Tuesday	Trustee	NOTES
1-Nov	10/29-11/4		21-Oct	Mike Burbridge	
8-Nov	11/5-11/11	Work Weekend	28-Oct	Chris Cooney	
15-Nov	11/12-11/18		4-Nov	Steve Anderson	
22-Nov	11/19-11/25		11-Nov	Jim Ferrone	
29-Nov	11/26-12/2	Thanksgiving	18-Nov	Ken Chodkiewicz	
6-Dec	12/3-12/9		25-Nov	Chris Moser	
13-Dec	12/10-12/16		2-Dec	Jim Ferrone	
20-Dec	12/17-12/23		9-Dec	Jack McDevitt	
27-Dec	12/24-12/30		16-Dec	Donna Long	Christmas
3-Jan	12/31-01/06	New Year's	23-Dec	Chris Moser	New Years
10-Jan	01/07-01/13		30-Dec	Mike Burbridge	
17-Jan	01/14-01/20	MLK Weekend	6-Jan	Jack McDevitt	Family Weekend
24-Jan	01/21-01/27		13-Jan	Kerry Klotz	Family Weekend
31-Jan	01/28-02/03		20-Jan	Chris Cooney	
7-Feb	02/04-02/10	Superbowl	27-Jan	Nancy Mathiesen	
14-Feb	02/11-02/17	President's Weekend	3-Feb	Steve Anderson	Family Weekend
21-Feb	02/18-02/24		10-Feb	Ken Chodkiewicz	Family Weekend
28-Feb	02/25-03/03		17-Feb	Steve Anderson	
7-Mar	03/04-03/10		24-Feb	Chris Moser	
14-Mar	03/11-03/17	St. Patrick's Dinner	3-Mar	Chris Cooney	
21-Mar	03/18-03/24		10-Mar	Nancy Mathiesen	Family Weekend
28-Mar	03/25-03/31		17-Mar	Donna Long	MCSC Weekend
4-Apr	04/01-04/07	Mogul Challenge	24-Mar	Jack McDevitt	Easter
11-Apr	04/08-04/14		31-Mar	Mike Burbridge	
18-Apr	04/15-04/21		7-Apr	Kerry Klotz	
25-Apr	04/22-04/28		14-Apr	Jim Ferrone	
2-May	04/29-05/05		21-Apr	Steve Anderson	
9-May	05/06-05/12		28-Apr	Chris Cooney	
16-May	05/13-05/19		5-May	Donna Long	
23-May	05/20-05/26		12-May	Jim Ferrone	Memorial Day
30-May	05/27-06/04		19-May	Nancy Mathiesen	
DONNA LONG (201) 317-7830 dann100@yahoo.com			KEN CHODKIEWICZ (973) 919-1962 kchod27@gmail.com		
KERRY KLOTZ (973) 420-5444 kerryklotz@gmail.com			NANCY MATHIESEN (201) 400-2597 nhackelberg@yahoo.com		
JIM FERRONE (973) 650-7060 jimfbikeski@aol.com			MIKE BURBRIDGE (973) 610-3692 tyrus8@aol.com		
JACK MCDEVITT (845) 988-6081 jack.mcdevitt@gmail.com			STEVE ANDERSON (201) 739-4380 hillfesc@outlook.com		
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