



The Sitzmark

THE NEWSLETTER OF THE HIGH LIFE SKI
AND SNOWBOARD CLUB
November 2025

**Check for
updates
regarding in
person
meetings!**

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**Submission Deadline
for the December Issue
is
November 27**

**Send items to:
youngne1965@gmail.com**

President's Message

President,

917-577-3737

Submitted by Paul Roy,

pauldenisroy@aol.com

November is a big month for your Club! First, on Saturday November 1, the Club's 60th anniversary dinner gala is at Tavern 73 in Pine Brook. With 90 people attending and a great band playing (The Kootz), it will be a festive night.

Tuesday November 11, 7:30 pm at the Exchange Restaurant in Rockaway, is the Club's annual kick-off event. You get a 50/50 raffle opportunity and can buy tickets to win prizes like ski equipment and accessories, clothing, wine, restaurant gift certificates, a golf lesson, and so on. In recent years we've had great attendance, and significant funds are raised for both the Club and the Lodge. Barbara Capsouras gets full credit for organizing and putting on this event every year.

Last month I summarized three membership approved financial commitments for the Lodge:

- Resurfacing the parking area
- Purchase of an Automated External Defibrillator (AED)
- Replacing the old worn out insulation in the barn

Thanks to the tireless dedication of the Lodge Trustees, all three projects are completed. Your Lodge is in tip top shape for the upcoming winter.

For your quick reference, here is High Life Ski Club's Executive Board for June 2025 through May 2026:

**President – Paul Roy
Administrative VP/Membership – Carol Cooney
Officer at Large – Linda Burns
Treasurer – Jeffrey Zega
Recording Secretary – Sal Pulitano
Corresponding Secretary – Barbara Capsouras
Parliamentarian – Ron Smolt
NJ Ski and Snowboard Council Representative – Bob Zega
Ski Trip Chairperson – Nina Tudorowsky
Activities Chairperson – Cliff Gawel
Newsletter Editor – Andrie Young
Social Media Coordinator – Jason Briggs**

[Pres. Message Cont pg.13]

LODGE REPORT

November is a magic month at High Life. The month begins with falling autumn leaves and concludes with open trails at our favorite Vermont resorts. Your Lodge has had a wonderful summer and we can't wait to see you this winter! Winter rates begin at the Lodge on November 1st! Be sure to review all Lodge guidelines as you prepare for your winter season.

As was reported in last Month's article, The Lodge Committee received approval from the General Membership for several projects. We are happy to report that all these projects have been completed!! When you journey up to the Lodge you will notice a freshly resurfaced driveway/parking lot and an AED (portable defibrillator) installed in the Lodge dining room.



In addition, new insulation was installed in the basement of the barn. Best news....these projects were completed under-budget!! One of the reasons we came in under budget was the volunteered time from our members on both the October Work Weekend and the crew of High Lifers who installed the Insulation. Along with our workers, several High Lifers spent time making phone calls and getting estimates. This volunteer work helps keep our Lodge in amazing shape....and helps keep it affordable. Thank you to our volunteers!! The Lodge Committee loves you!!

Speaking of volunteering....we have one last Work Weekend from November 7-9th. This weekend will focus on cleaning the Lodge and preparing it for our winter season!! Chris Cooney is taking signups for the event now (chriscooney5150@gmail.com or 201-400-4021). In addition to creating a spotless Lodge, we will feature a Saturday fundraiser "Novemberfest" dinner plus some other surprises. All workers enjoy complimentary Friday/Saturday night Lodge fees as well as a complimentary lunch on Saturday! Will Killington be open?? Extend your stay and grab some first turns!!

While Chittenden received some rain in October, the area is still far short of normal seasonal amounts. The Lodge water supply has been successfully maintained, but we still ask our members to consciously conserve water usage at our Lodge.

The Lodge Committee is in the process of updating its bylaws to adapt to the current business environment of the Club and allow for smoother operational flow. These changes include increasing our non-budgetary spending limits (which are still following 1970's pricing) and clarify the process for Lodge Trustee vacancies and removals. These proposals will be presented at the November Kickoff Meeting (where we hope to see many of you).

The Lodge Committee also hopes to see many of you as the Club celebrates its 60th Anniversary on November 1st !!

Please read the updated guideline article (as well as updated schedule) included in the Sitzmark. This article is designed to help each of us navigate the Lodge reservation process. The guidelines continue to evolve based on feedback from members, Lodge Trustees, and Club Leadership. Please read the article and call me if you have questions. Thank you in advance!!

The Lodge Committee wishes everyone a beautiful October!!

-Chris Cooney
Lodge Chairperson



October 4

OCTOBER EVENTS

Killington Mountain Clean -Up

Andrie and David just finished a day of service, giving back to the mountains we so enjoy. Killington just ran its second annual clean-up, this time it was an Autumn clean-up. We were surrounded by peak foliage and were treated to a fabulous barbeque, door prizes and a concert, all this for 3 hours of clean up service. Give it a try next time, you won't be disappointed.



October 4

Hudson Farm Hike

The High Lifers again had an amazing day attending the Hudson Farm Charity Hike. The Hudson Farm Charity Hike is an annual event that supports local organizations in Hopatcong, NJ,

The Charity Hike aims to raise funds for various local organizations, including:

- Emergency Services
- School PTO's
- Youth Sport Organization's
- The Lake Hopatcong Foundation
- Friends of the Library

We all enjoyed hiking the four miles of picturesque trails of Hudson Farm and while supporting local charities. A delicious catered lunch was available after the hike and a great time was had by all. Can't wait for next year!



OCTOBER EVENTS CONT.

Another successful Work Weekend. Thank you everybody for your efforts and dedication. Special thanks to Carol Cooney, Chris Cooney for the delicious meals and Kerry Klotz for her very tasty margaritas. If you missed this one join us for the next work weekend November 7-9th



OCTOBER EVENTS CONT.



OCTOBER EVENTS CONT.

Norvin Green Hike · Sunday, Oct 26

The Norvin Green State Forest hike was an amazing success . We hiked for 4 1/2 miles through beautiful foliage, scenic overviews, rock formations, and alongside Lake Sonoma.

Afterwards, we enjoyed some cocktails and dinner at the Grasshopper.



Submitted by

LODGE GUIDELINES

Hello High Lifers!

With the increasing demand of Lodge use the Lodge Committee would like to streamline the communication process as it pertains to making Lodge reservations. This document is meant to be dynamic and will be continuously updated as we figure out what works and what doesn't. The Lodge Committee asks all members to take the below guidelines into consideration as you make your Lodge reservations. Remember...the key to an effective reservation is to have clear and comprehensive communication with your House-mom. As of November 1st, the Lodge will be collecting Winter rates for Lodge use. Please see the Lodge Rules and Regs for the current rates or ask your House-mom.

All reservations must be confirmed directly with a house mom before a payment is made. *Failure to do so will result in a mandatory \$5 penalty to be paid into the Lodge Supply Bucket.*

Guidelines for paying for Lodge stays through Zelle

For those who wish to utilize Zelle to pay for their Lodge usage, please be aware of the following guidelines:

1. Members (only) can pay for Lodge stays and events electronically using the Zelle app on their mobile device.
2. NO ZELLE PAYMENT is allowed until after you've communicated with the house-mom and have a confirmation for your stay. If a payment is made prior to confirmation from the house-mom, a \$5 penalty will be assessed.
3. Zelle can ONLY be used for payments. *No refunds will be made once a Zelle payment is confirmed.* If a change to a reservation is made and is compliant with the Lodge rules, a credit will be issued.
4. If a member uses Zelle for payments, the member is responsible for ensuring they know how to correctly use the Zelle application. High Life Ski Lodge, Inc. is not responsible for any user error, application malfunction, or security of the relationship between Zelle and your bank account.

To pay using Zelle, please follow these instructions:

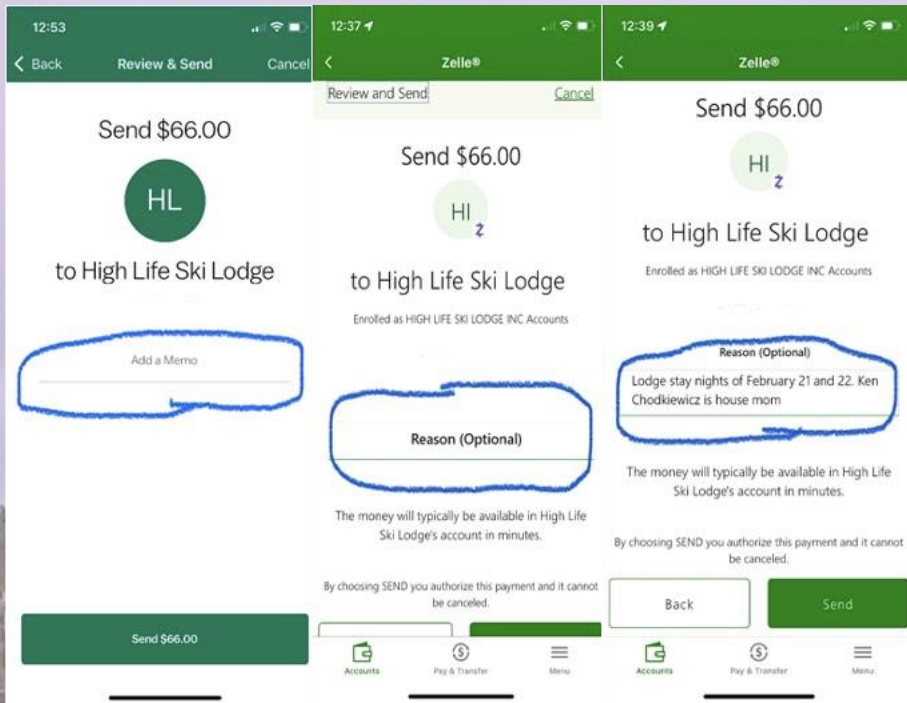
Confirm the recipient information with the House-mom. Input this information per House-mom instructions.

In the comment section, (may be listed as "Reason", "Add a Memo" or something similar based on your banking or Zelle app), please list dates of your intended overnights (ie. Jan 4,5,6) and the name of the corresponding house-mom. Including this information in the comment section eases tracking for your payments. Please note: This field is NOT required by Zelle to execute a transaction....you must consciously input the requested information. See Screenshots below.

Failure to include this information will result in a \$5 penalty to be paid to the Lodge supply bucket.



LODGE GUIDELINES CONT.



Note: Your bank or Zelle app may look different. These are for example only

Once you've completed the payment, please inform the house-mom. Optionally (if your personal banking information is not visible) you could additionally forward a screenshot or confirmation email.

REMINDER: Making a Zelle payment prior to receiving house-mom confirmation of your reservation or failing to fill in the Reason/Memo section of the Zelle transaction will result in a \$5 penalty.

Reservations are taken in person at Club meetings as per the dates on the Lodge schedule, which is posted on the Club Web Page (or you can ask a House-mom to email you the .pdf). After that meeting house moms will accept reservations by email or phone call only!! No initial contact with a House-mom via text-message.

Please call during reasonable hours of the day (hint: if you have to ask yourself if it's a reasonable time, chances are it isn't)...and remember that many of our House-Moms still work and might not be able to respond for several hours. Our House-Moms do their best to acknowledge your communication as quickly as possible, but at times an immediate response is not possible. If you'd like to go to the Lodge, please allow ample time for your House-Mom to get back to you. During your initial communication please include the following information

*****The High Life Lodge Committee loves our storm-chasers as well as those who love to spontaneously journey to Vermont. Please keep in mind that as you try to communicate with the house-mom, they may already be at the Lodge (especially if you are calling from Thursday-Monday). Please be sure to try calling the Lodge (802-773-9742) if you have difficulty communicating with the house-mom for your spontaneous plans.**



LODGE GUIDELINES CONT.

Your full name

2. Number in your group and composition (ie a couple, kids (ages), family, member or guest, etc) and their full names.
3. Date and day of arrival, the number of nights, and the date/day of departure
4. Your intended Payment method (Zelle, mailing a check, payment upon arrival, gift-card, voucher, etc)

-Below are some examples of the type of information that would best-help your communication with your House-mom. These are not intended to be all inclusive.... they're just samples.

Example 1

Hello my name is "John Smith". I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. I will be alone. If I can get bed XYZ, that would be great but will take what is available. I can give you a check upon arrival or mail to you. Thank you

Example 2

Hello my name is "John Smith" My wife "Jane Smith" and I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. Jane is also a member and we would like a couple's room if available. I can Zelle the payment and so as you can confirm. Thank you.

Example 3

Hello my name is "John Smith". I would like to make a reservation for myself, my son "Adrian Smith", my brother-in-law "Steve Harris" and his son "George Harris". Steve and George are not members. We would like to arrive at the lodge on Friday, December 1st, stay for 2 nights, and depart on the morning of the 3rd. If possible, I would like all of us in one room. I can mail you a check or give you a check upon arrival. Thank You

Once you have your assigned bed, you are not allowed to change your sleeping location without approval from your House-mom. This includes taking a perceived empty bed in another room or in the attic.

There've been a few occasions when we have had members arrive late at night only to find someone in the bed/room they have been assigned. Mayhem and chaos ensue.

As House Moms we do our best to facilitate your reservation and make your Lodge experience as enjoyable as possible. We take into consideration each scheduled member coming-and-going, changes of plans (extending/shortening their stay), groups that would like to bunk in the same room, short notice requests and overlapping stays that cover two or even three different House Moms. Eighteen hundred bed nights is awesome...but can be a bit to juggle...so please, talk to the House Mom before moving from assigned bed/room. We promise to do our best to help.

We thank you for your cooperation and look forward to a wonderful Fall.

The Lodge Committee.





NOVEMBER EVENTS



November 1, 2025

High Life Ski Club 60th Anniversary Celebration

Fabulous food, live music, and great friends. Event is at Tavern 73 in Pine Brook

from 6-10 pm. Semi-formal dress optional. No jeans please.

See website for flyer.

Submitted by

Melody Wenger

November 8

Work Weekend

Join your fellow High Lifers for another Work Weekend to ready our Lodge for the busy season ahead.



November 11

ANNUAL KICK-OFF EVENT

"Don't miss the Annual Kick-Off Event for the 2025-2026 season, being held on Tuesday, November 11th at 7:30 pm, The Exchange, 160 East Main Street, Rockaway, NJ.

This fundraiser event supports our Club and the Lodge. If you have a favorite restaurant, salon, gym, etc. that you frequent and would like to seek a donation from them for the Kick-Off Event, that would be great. Please contact Barbara Capsouras as soon as possible if you have acquired any Donations to prepare them for inclusion in our great Event.

Great raffle prizes, a Lodge 50/50 and a separate Grand Prize will be offered - so bring cash for tickets. It is an evening of fun, prizes and camaraderie.

You are on your own for any food and/or drink you wish to purchase from The Exchange. No outside food or drinks permitted.

Linda Burns will be collecting local food bank donations that night to deliver to the Interfaith Food Pantry in Morris Plains. They accept food, personal hygiene and household products."

Barbara Capsouras is the contact person with any questions or donations you may have for this event. 973-713-4951 or bcapsouras@aol.com

Thanks.

Capsouras

Submitted by



LOOKING AHEAD

SKI TRIPS 2026

Zermatt/Paris Ski Trip January 30 February 7, 2026. and optional Paris Feb 7-10 is full but has a waiting list. Please contact: Nina

Tudorowsky, tudorowskynina@gamil.com or 973.900.4412 for further information.

Whitefish, Montana February 21-28, 2026 has opened another large 3 bedroom condo. There is still room for 1 male and 1 female in the 3 bedroom condo. Please contact Charles Kirk ASAP, cfkirk@hotmail.com or 973.650.7925. with air or without.

SUBMITTED BY: N. TUDOROWSKY

Racer Ready

5-Day Race Camp Killington

- Dates: December 8-12, 2025
- Camp & Lift Ticket: \$651
- Camp Only (IKON/Pass Holders): \$481

12/10/25 Killington/Pico ski Bum racing registration party, 4:00-7:00 at JAX on the Killington Access road.

Registration includes all Happy Hours and Buffets, locations to be announced.

Projected Opening Date of Pico 12/12

Generally opening day for season pass holders is the day prior to opening day for the general public. Pray for snow.

2-Day Slalom Camp Killington

- Dates: December 13-14, 2025
- Camp & Lift Ticket: \$340
- Camp Only (IKON/Pass Holders): \$276

Wednesdays January 7th - March 18th. 10:00 AM-1:00 PM

Killington Ski Bum racing on Highline,

Registration includes all Happy Hours and Buffets, locations to be announced.

Thursdays January 15th - March 12th. 1:00PM-4:00PM

Pico Ski Bum racing,

Registration includes all Happy Hours and Buffets, locations to be announced.

Mid Atlantic Masters, tentative schedule

* Jan 5-8: Lisa Ballard Camp @ Hunter, NY

[CONFIRMED]

* Jan 9-10: Season Opener GS/SL @ Belleayre, NY

[CONFIRMED]

* Feb 7: GS @ Catamount, NY

* Feb 13-15: SG/GS/SL @ West Mountain, NY

[CONFIRMED]

* Feb 21-22: PA Cup Weekend @ Big Boulder and Montage, PA

* Feb 27-Mar 1: Season Finals SG/GS/SL @ Gore Mountain, NY

[CONFIRMED]

Submitted by David Young

President's Message Cont

Meetings and Other Events

On October 14, after the Executive Board meeting, 25 attending members heard lots of important Club news like upcoming events and various ways to purchase lift tickets. That night alone, 13 members renewed and another 3 joined the Club, a very good sign!

The Lodge Trustees met October 28. The last 2025 work weekend is coming up November 8. At that night's membership meeting we had 33 attending, another strong turnout.

Below are the upcoming meeting dates. The next Zoom meeting for all members will be January 6, 2026. Check the Club website and your email for the latest schedule. had a strong turnout, well over 30.

Trips and Activities

The Club's Zermatt Switzerland trip is January 30 to February 7, 2026. Whitefish Montana is February. 12-28, 2026 Contact Nina Tudorowsky or Charlie Kirk to sign up.

The New Jersey Ski and Snowboard Council offers trips too. Check the website: njssc.org

Below are the upcoming Club meeting dates. The next Zoom meeting for all members will be October 7. Check the Club website and your email for the latest schedule.

High Life Ski Club Meetings Schedule

- **Tuesday November 11** at Exchange Restaurant
7:30 pm Membership Kick-off Meeting
- **Tuesday November 25** at Exchange Restaurant
6:30 pm Lodge Trustees
7:30 pm Membership Meeting
- **Tuesday December 9** at Exchange Restaurant
6:30 pm Executive Board Meeting
7:30 pm Membership Meeting
- **Tuesday January 6** Zoom
7:00 pm Membership Meeting
- **Tuesday January 13** at Exchange Restaurant
6:30 pm Executive Board Meeting
7:30 pm Membership Meeting
- **Tuesday January 27** at Exchange Restaurant
6:30 pm Lodge Trustees
7:30 pm Membership Meeting

HLSC Lodge 2025 Summer Season

WEEKEND Saturday	Dates	Event	START SIGN UPS Tuesday	Trustee	Combo
3-May	04/30-05/06		22-Apr	Chris Cooney	
10-May	05/07-05/13		29-Apr	Dave Young	
17-May	05/14-05/20	Work Weekend	6-May	Donna Long	
24-May	05/21-05/27	Memorial Day	13-May	Jim Ferrone	
31-May	05/28-06/03		20-May	Chris Moser	
7-Jun	6/4-6/10		27-May	Steve Anderson	
14-Jun	6/11-6/17		3-Jun	Nancy Mathiesen	
21-Jun	6/18-6/24	Work Weekend	10-Jun	Mike Burbridge	
28-Jun	06/25-7/1		17-Jun	Ken Chodkiewicz	
5-Jul	7/2-7/8	July 4th	24-Jun	Jack McDevitt	
12-Jul	7/9-7/15		1-Jul	Kerry Klotz	
19-Jul	7/16-7/22	Golf Weekend	8-Jul	Chris Cooney	
26-Jul	7/23-7/29	Rodeo Weekend	15-Jul	Donna Long	
2-Aug	7/30-8/5		22-Jul	Steve Anderson	
9-Aug	8/6-8/12		29-Jul	Nancy Mathiesen	
16-Aug	8/13-8/19		5-Aug	Chris Moser	
23-Aug	8/20-8/26	Motorcycle Touring	12-Aug	Chris Cooney	
30-Aug	8/27-9/2	Labor Day	19-Aug	Jim Ferrone	
6-Sep	9/3-9/9	Work Weekend	26-Aug	Jack McDevitt	
13-Sep	9/10-9/16		2-Sep	Mike Burbridge	
20-Sep	9/17-9/23		9-Sep	Donna Long	
27-Sep	9/24-9/30		16-Sep	Jim Ferrone	
4-Oct	10/1-10/7		23-Sep	Kerry Klotz	
11-Oct	10/8-10/14	Work Weekend	30-Sep	Ken Chodkiewicz	
18-Oct	10/15-10/21		7-Oct	Jack McDevitt	
25-Oct	10/22-10/28		14-Oct	Nancy Mathiesen	
1-Nov	10/29-11/4		21-Oct	Mike Burbridge	
8-Nov	11/5-11/11	Work Weekend	28-Oct	Chris Cooney	
15-Nov	11/12-11/18		4-Nov	Steve Anderson	
22-Nov	11/19-11/25		11-Nov	Jim Ferrone	
29-Nov	11/26-12/2	Thanksgiving	18-Nov	Ken Chodkiewicz	
6-Dec	12/3-12/9		25-Nov	Chris Moser	
DONNA LONG (201) 317-7830 dannl100@yahoo.com			KEN CHODKIEWICZ (973) 919-1962 kchod27@gmail.com		
KERRY KLOTZ (973) 420-5444 kerryklotz@gmail.com			NANCY MATHIESEN (201) 400-2597 nhackelberg@yahoo.com		
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