



The Sitzmark

THE NEWSLETTER OF THE HIGH LIFE SKI
AND SNOWBOARD CLUB

July 2025

**Check for
updates
regarding
in person
meetings!**

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**Submission
Deadline
for the August
Issue is
July 29**

**Send items to:
Andrie Young
youngne1965@gmail.com**

President's Message

President, 917-577-3737

Submitted by Paul Roy,

pauldenisroy@aol.com

You might think that this off season, without snow and with all the heat and rain, Club activity has gotten quiet. That is not the case! The Lodge has monthly work weekends and special summer events. The Lodge Trustees are dedicated to numerous big and small projects. The Executive Board continues with its year-round work.

Note that it's time to renew your Club membership.

On November 1, 2025, there's a Club 60th anniversary dinner gala at Tavern 73 in Pine Brook. You'll be asked to sign up soon. Hope you can join us!

For your quick reference, here is High Life Ski Club's Executive Board for June 2025 through May 2026:

President – Paul Roy
Administrative VP/Membership – Carol Cooney
Officer at Large – Linda Burns
Treasurer – Jeffrey Zega
Recording Secretary – Sal Pulitano
Corresponding Secretary – Barbara Capsouras
Parliamentarian – Ron Smolt
NJ Ski and Snowboard Council Representative – Bob Zega
Ski Trip Chairperson – Nina Tudorowsky
Activities Chairperson – Cliff Gawel
Newsletter Editor – Andrie Young
Social Media Coordinator – Jason Briggs

Club Finances

The Club is in good shape financially, with over \$35,000 in the General Operating Account, and another \$20,000 plus interest earned in a certificate of deposit. This is a direct result of strong membership enrollment.

Meetings and Other Events

The Executive Board met June 10. At the following membership meeting we had 16 attending. The Lodge Trustees met via Zoom June 24. There was no membership meeting that night.

(President's Message Continued Pg 13)

LODGE REPORT

The Lodge Committee wishes you a Happy July 4th Holiday and a Happy Summer!! Need a break from New Jersey temperatures? Spend some time at our Vermont Lodge which provides access to amazing warm- weather activities. Within minutes of our Lodge are incredible hiking trails, rivers and a reservoir to kayak, spectacular golf courses and legendary mountain biking. For those who just want to take things easy.....you can visit a variety of wineries or breweries, enjoy free concerts, or just relax on our front porch. We hope to see you in Vermont!!

The second Lodge work-weekend was held in June. Thanks to some beautiful weather, we were able to trim many of the tress on the Lodge property to ensure their health and protect our property and members. The Lodge Committee rented a lift to provide better access to our taller trees, and a diligent ground crew took care of cutting and clearing the trimmed branches. Be sure to check out the photos in this edition of the Sitzmark. In addition to the tree-work, several annual maintenance projects were completed. The Lodge Committee thanks everyone who attended and helped!

The Lodge Committee elected its officers during its June 24th meeting. All of our officers were re-elected for another year. Congratulations to Chair Chris Cooney, Vice-chair Chris Moser, Maintenance-chair Ken Chodkiewicz, Secretary Kerry Klotz, and Treasurer Jim Ferrone! Help wish the Lodge officers success for the 2025/26 year!!

Rodeo Weekend is back!! Don't miss this exciting Vermont weekend which features a Rodeo on Saturday evening, July 26th, at the Pond Hill Ranch, Castleton, VT. Other optional activities for the weekend include hiking, kayaking, and an excursion to the Rutland Farmer's Market. Melody Wenger is the social-host.....so reach out to Melody at melwengerHL@gmail.com if you have any questions about the event itinerary. Donna Long will serve as the House Mom and begin taking signups at our Club Meeting on Tuesday, July 8th . Donna can also be reached at dannl100@yahoo.com

Also keep your eyes open for a July Vermont golf event. As with all events, details can be found on the Club webpage or will be distributed via email.

The Summer Lodge schedule is included in this copy of the Sitzmark. Do keep in mind that adjustments can be made to the schedule as new events and activities are added. The most updated schedule is always available on the Club web page under the Lodge tab (page authentication is required to view the schedule).

Please read the updated guideline article included in the Sitzmark. This article is designed to help each of us navigate the Lodge reservation process. The guidelines continue to evolve based on feedback from members, Lodge Trustees, and Club Leadership. Please read the article and call me if you have questions. Thank you in advance!!

The Lodge Committee wishes everyone a Happy and safe July 4th!!.

See Everyone Soon!!

-Chris Cooney

Lodge Chairperson



JUNE EVENTS

June 5

A fantastic time was had by all at the pickleball outing on June 5th. Despite the heat 18 people attended at all pickleball levels. There were beginners, intermediates, and advanced players showing their skills!. We all agree on one thing, WE LOVE PICKLEBALL!

Happy hour followed at the blue ale house in Riverdale, where we enjoyed some delicious cocktails and bites.

Submitted by Cliff Gawel



June 5

JUNE EVENTS CONT.

Another free concert in the books! Cousin Brucie, Andy Kim and Tony Orlando with surprise guest Jay Siegel with the Tokens. Great salute to Veterans too! Nice night with Ski Club friends Carol, Tim, Greg, Doug, Joan, Dale, Oscar and Linda.



High Lifers enjoying time on their annual visit to Cape COD.



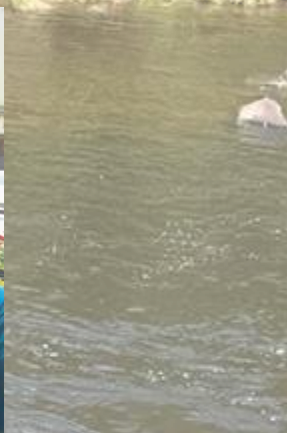
Submitted by Barbara Capsouras

JUNE EVENTS CONT.

June 11 -- Highlife Jim Thorpe Rail Trail Bike Ride

High Lifers enjoyed a day of biking through the Lehigh Gorge State Park On the DL rail trail in historic Jim Thorpe PA on June 11, 2025. The scenic bike ride followed the Raging Lehigh River aside the high rising cliffs and railroad tracks and took in all the beauty of the mountain scenery. Afterwords, we relaxed in the Historic Inn and many of us spent another day enjoying more of this historic mining town.

Submitted by Cliff Gawel



JUNE EVENTS CONT.

June 21

Another accomplished weekend at the Lodge.

The crew at work



Submitted by Chris Cooney
and David Young

Steaks



Chefs



Bon Appetit



LODGE GUIDELINES

Hello High Lifers!

With the increasing demand of Lodge use the Lodge Committee would like to streamline the communication process as it pertains to making Lodge reservations. This document is meant to be dynamic and will be continuously updated as we figure out what works and what doesn't. The Lodge Committee asks all members to take the below guidelines into consideration as you make your Lodge reservations. Remember...the key to an effective reservation is to have clear and comprehensive communication with your House-mom. As of November 1st, the Lodge will be collecting Winter rates for Lodge use. Please see the Lodge Rules and Regs for the current rates or ask your House-mom.

All reservations must be confirmed directly with a house mom before a payment is made. Failure to do so will result in a mandatory \$5 penalty to be paid into the Lodge Supply Bucket.

Guidelines for paying for Lodge stays through Zelle

For those who wish to utilize Zelle to pay for their Lodge usage, please be aware of the following guidelines:

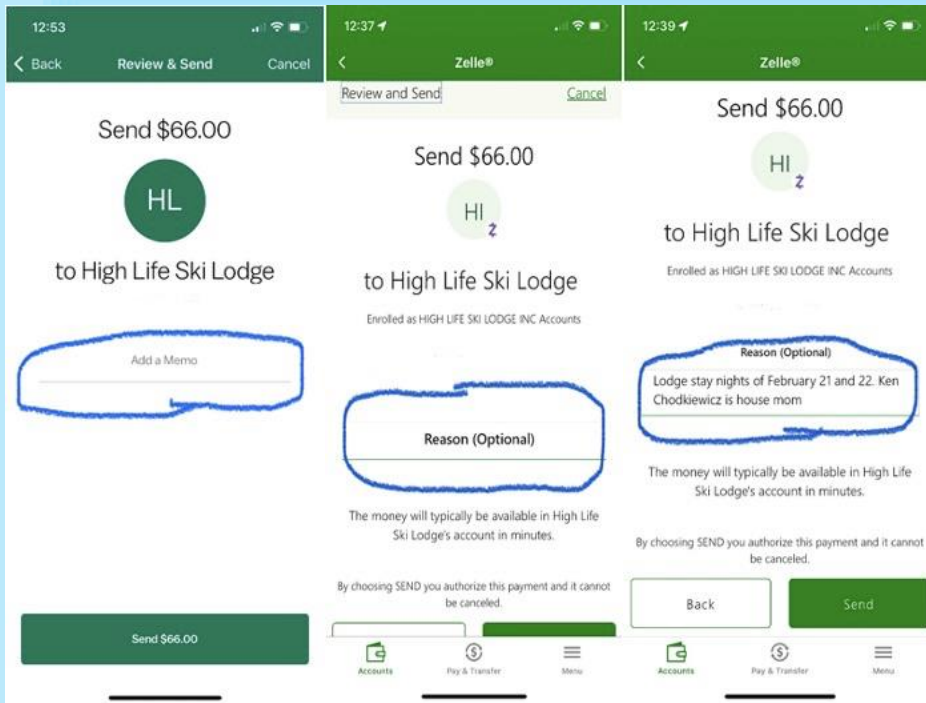
1. Members (only) can pay for Lodge stays and events electronically using the Zelle app on their mobile device.
2. NO ZELLE PAYMENT is allowed until after you've communicated with the house-mom and have a confirmation for your stay. If a payment is made prior to confirmation from the house-mom, a \$5 penalty will be assessed.
3. Zelle can ONLY be used for payments. No refunds will be made once a Zelle payment is confirmed. If a change to a reservation is made and is compliant with the Lodge rules, a credit will be issued.
4. If a member uses Zelle for payments, the member is responsible for ensuring they know how to correctly use the Zelle application. High Life Ski Lodge, Inc. is not responsible for any user error, application malfunction, or security of the relationship between Zelle and your bank account.

To pay using Zelle, please follow these instructions:

- Confirm the Zelle-recipient information with the House-mom. Input this information per House-mom instructions.
- In the comment section (may be listed as "Reason", "Add a Memo" or something similar based on your banking or Zelle app), please list dates of your intended overnights (ie. Jan 4, 5, 6) and the name of the corresponding house-mom. Including this information in the comment section eases tracking for your payments. Please note: This field is NOT required by Zelle to execute a transaction....you must consciously input the requested information. See Screenshots below. Failure to include this information will result in a \$5 penalty to be paid to the Lodge supply bucket.



LODGE GUIDELINES CONT.



Note: Your bank or Zelle app may look different. These are for example only.

Once you've completed the payment, please inform the house-mom. Optionally (if your personal banking information is not visible) you could additionally forward a screenshot or confirmation email.

REMINDER: Making a Zelle payment prior to receiving house-mom confirmation of your reservation or failing to fill in the Reason/Memo section of the Zelle transaction will result in a \$5 penalty.

Reservations are taken in person at Club meetings as per the dates on the Lodge schedule, which is posted on the Club Web Page (or you can ask a House-mom to email you the .pdf). After that meeting house moms will accept reservations by email or phone call only!! No initial contact with a House-mom via text-message.

Please call during reasonable hours of the day (hint: if you have to ask yourself if it's a reasonable time, chances are it isn't)...and remember that many of our House-Moms still work and might not be able to respond for several hours. Our House-Moms do their best to acknowledge your communication as quickly as possible, but at times an immediate response is not possible. If you'd like to go to the Lodge, please allow ample time for your House-Mom to get back to you. During your initial communication please include the following information

***The High Life Lodge Committee loves our storm-chasers as well as those who love to spontaneously journey to Vermont. Please keep in mind that as you try to communicate with the house-mom, they may already be at the Lodge (especially if you are calling from Thursday-Monday). Please be sure to try calling the Lodge (802-773-9742)

if you have difficulty communicating with the house-mom for your spontaneous plans.



LODGE GUIDELINES CONT.

1. Your full name
2. Number in your group and composition (ie a couple, kids (ages), family, member or guest, etc) and their full names.
3. Date and day of arrival, the number of nights, and the date/day of departure
4. Your intended Payment method (Zelle, mailing a check, payment upon arrival, gift-card, voucher, etc)

-Below are some examples of the type of information that would best-help your communication with your House-mom. These are not intended to be all inclusive.... they're just samples.

Example 1

Hello my name is "John Smith". I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. I will be alone. If I can get bed XYZ, that would be great but will take what is available. I can give you a check upon arrival or mail to you. Thank you

Example 2

Hello my name is "John Smith" My wife "Jane Smith" and I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. Jane is also a member and we would like a couple's room if available. I can Zelle the payment and so as you can confirm. Thank you.

Example 3

Hello my name is "John Smith". I would like to make a reservation for myself, my son "Adrian Smith", my brother-in-law "Steve Harris" and his son "George Harris". Steve and George are not members. We would like to arrive at the lodge on Friday, December 1st, stay for 2 nights, and depart on the morning of the 3rd. If possible, I would like all of us in one room. I can mail you a check or give you a check upon arrival. Thank You.

Once you have your assigned bed, you are not allowed to change your sleeping location without approval from your House-mom. This includes taking a perceived empty bed in another room or in the attic.

There've been a few occasions when we have had members arrive late at night only to find someone in the bed/room they have been assigned. Mayhem and chaos ensue.

As House Moms we do our best to facilitate your reservation and make your Lodge experience as enjoyable as possible. We take into consideration each scheduled member coming-and-going, changes of plans (extending/shortening their stay), groups that would like to bunk in the same room, short notice requests and overlapping stays that cover two or even three different House Moms. Eighteen hundred bed nights is awesome...but can be a bit to juggle...so please, talk to the House Mom before moving from assigned bed/room. We promise to do our best to help.

We thank you for your cooperation and look forward to a wonderful Summer.

The Lodge Committee.



JULY EVENTS

Happy July 4th!

Happy July 4th!

July 19

Golf Weekend



July 26

Rodeo Weekend



LOOKING AHEAD

August 23

Motorcycle Touring



November 1, 2025.

Save the Date: High Life Ski Club 60th Anniversary Celebration

Event Announcement

We are thrilled to announce the updated date for the High Life Ski Club 60th Anniversary Celebration. This milestone event will now take place on Saturday, November 1, 2025, replacing the previously announced date of October 25th.

Event Details

Join us for an unforgettable evening filled with:

- Delicious food
- Classic rock performed by the Kootz
- Exciting fun
- Wonderful company

Saturday, November 1st from 6-10 pm, Tavern 73 on Rt 46 Pine Brook

Price \$75 with Cash Bar

The official invitation/RSVP form will be emailed this summer.

Plan Ahead

Please mark your calendars and save this date. Let's come together to celebrate six decades of camaraderie, adventure, and unforgettable memories.

We look forward to seeing you there!

Submitted by Melody Wegner

SKI TRIPS 2026.

ZERMATT/PARIS 2026 JANUARY 30- FEBRUARY 7 2026 IS NOW ACCEPTING WAITING LIST SIGN UPS ONLY. PLEASE CONTACT NINA TUDOROWSKY FOR FURTHER INFORMATION: tudorowskygina@gmail.com or 973.900.4412

WHITEFISH, MONTANA FEBRUARY 21-28, 2026 IS OPEN. PLEASE CONTACT CHARLES KIRK FOR FURTHER INFORMATION cfkirk@hotmail.com or 973.650.7925.

NJ Ski Council Announcements

For all those folks who love hot weather, I hope you're enjoying the current life threatening heat and humidity! However, as your NJ Ski Council Rep, it's my job to relay information for good times in cooler climes! Below is a list of 2026 ski trips offered by NJ Ski Council and several member clubs. IF more information is sought either email me (Bob Zega) or click the link provided in the table.

Destination	Dates	Offered by	Price	More info
Sugarloaf, Maine	TBD	Albany Ski Club	\$597 pp	rjzega@yahoo.com
Jay Peak, Vt.	3/8 - 3/13 2026	Albany SC	\$697 pp	rjzega@yahoo.com
Red Mtn, Canada	3/7 - 3/14 2026	Garden State SC	\$3025pp	http://gssc-red26.sat.tours/
Zell Am See Austria	3/6 - 3/14 2026	Trail Sweepers	\$2690pp	rjzega@yahoo.com
Banff, Canada	2/21- 2/28	NJ Ski Council	varies	*See link below to register
3 Zinnen Dolomites, South Tyrol, Italy	3/12-3/31 2026	NJ Ski Council	varies	https://www.njssc.org/ski-trip-calendar/

*<https://skigroup.wetravel.com/trips/new-jersey-ski-snowboard-council-skigroup-inc-68800198>.....this is the link for the trip to Banff

President's Message Cont.

Trips and Activities

The Club's Zermatt Switzerland trip is January 30 to February 7, 2026. Whitefish, Montana is February 12-28, 2026. Contact Nina Tudorowsky to sign up.

The New Jersey Ski and Snowboard Council offers trips too. Check the website: njssc.org.

Here are the upcoming Club meeting dates. The next membership meeting is July 8. The next Zoom meeting for all members will be October 7. Check the Club website and your email for the latest schedule.

High Life Ski Club Meetings Schedule

- **Tuesday July 8 at Exchange Restaurant**
 - 6:30 pm Executive Board Meeting
 - 7:30 pm Membership Meeting
- **Tuesday August 12 at Exchange Restaurant**
 - 6:30 pm Executive Board Meeting
 - 7:30 pm Membership Meeting
- **Tuesday August 26 at Exchange Restaurant**
 - 6:30 pm Lodge Trustees
 - 7:30 pm Membership Meeting
- **Tuesday September 9 at Exchange Restaurant**
 - 6:30 pm Executive Board Meeting
 - 7:30 pm Membership Meeting
- **Tuesday September 23 at Exchange Restaurant**
 - 6:30 pm Lodge Trustees
 - 7:30 pm Membership Meeting
- **Tuesday September 9 at Exchange Restaurant**
 - 6:30 pm Executive Board Meeting
 - 7:30 pm Membership Meeting
- **Tuesday September 23 at Exchange Restaurant**
 - 6:30 pm Lodge Trustees
 - 7:30 pm Membership Meeting
- **Tuesday October 7 Zoom**
 - 7:00 pm Membership Meeting
- **Tuesday October 14 at Exchange Restaurant**
 - 6:30 pm Executive Board Meeting
 - 7:30 pm Membership Meeting
- **Tuesday October 28 at Exchange Restaurant**
 - 6:30 pm Lodge Trustees
 - 7:30 pm Membership Meeting

HLSC Lodge 2025 Summer Season

WEEKEND Saturday	Dates	Event	START SIGN UPS Tuesday	Trustee	Combo
3-May	04/30-05/06		22-Apr	Chris Cooney	
10-May	05/07-05/13		29-Apr	Dave Young	
17-May	05/14-05/20	Work Weekend	6-May	Donna Long	
24-May	05/21-05/27	Memorial Day	13-May	Jim Ferrone	
31-May	05/28-06/03		20-May	Chris Moser	
7-Jun	6/4-6/10		27-May	Steve Anderson	
14-Jun	6/11-6/17		3-Jun	Nancy Mathieson	
21-Jun	6/18-6/24	Work Weekend	10-Jun	Mike Burbridge	
28-Jun	06/25-7/1		17-Jun	Ken Chodkiewicz	
5-Jul	7/2-7/8	July 4th	24-Jun	Jack McDevitt	
12-Jul	7/9-7/15		1-Jul	Kerry Klotz	
19-Jul	7/16-7/22	Golf Weekend	8-Jul	Chris Cooney	
26-Jul	7/23-7/29	Rodeo Weekend	15-Jul	Donna Long	
2-Aug	7/30-8/5		22-Jul	Steve Anderson	
9-Aug	8/6-8/12		29-Jul	Nancy Mathieson	
16-Aug	8/13-8/19		5-Aug	Chris Moser	
23-Aug	8/20-8/26	Motorcycle Touring	12-Aug	Chris Cooney	
30-Aug	8/27-9/2	Labor Day	19-Aug	Jim Ferrone	
6-Sep	9/3-9/9	Work Weekend	26-Aug	Jack McDevitt	
13-Sep	9/10-9/16		2-Sep	Mike Burbridge	
20-Sep	9/17-9/23		9-Sep	Donna Long	
27-Sep	9/24-9/30		16-Sep	Jim Ferrone	
4-Oct	10/1-10/7		23-Sep	Kerry Klotz	
11-Oct	10/8-10/14	Work Weekend	30-Sep	Ken Chodkiewicz	
18-Oct	10/15-10/21		7-Oct	Nancy Mathieson	
25-Oct	10/22-10/28		14-Oct	Jack McDevitt	
1-Nov	10/29-11/4		21-Oct	Mike Burbridge	
8-Nov	11/5-11/11	Work Weekend	28-Oct	Chris Cooney	
15-Nov	11/12-11/18		4-Nov	Steve Anderson	
22-Nov	11/19-11/25		11-Nov	Jim Ferrone	
29-Nov	11/26-12/2	Thanksgiving	18-Nov	Ken Chodkiewicz	
6-Dec	12/3-12/9		25-Nov	Chris Moser	
DONNA LONG (201) 317-7830 dannl100@yahoo.com			KEN CHODKIEWICZ (973) 919-1962 kchod27@gmail.com		
KERRY KLOTZ (973) 420-5444 kerryklotz@gmail.com			NANCY MATHIESEN (201) 400-2597 nhackelberg@yahoo.com		
JIM FERRONE (973) 650-7060 jimbikeski@aol.com			MIKE BURBRIDGE (973) 610-3692 tyrus8@aol.com		
JACK MCDEVITT (845) 988-6081 jack.mcdevitt@gmail.com			STEVE ANDERSON (201) 739-4380 hllifesc@outlook.com		
CHRIS COONEY (201) 400-4021 chriscooney5150@gmail.com			CHRIS MOSER (856) 905-7960 jeager1234@yahoo.com		
HL Lodge		802-773-9742			