High Life Ski Club The Sitzmark

THE NEWSLETTER OF THE HIGH LIFE SKI AND SNOWBOARD CLUB

June 2025

President's Message President, 917-577-3737 Submitted by Paul Roy, pauldenisroy@aol.com

Thank you Melody Wenger for a great job as Activities Chairperson. Your last event, the May 17 Delaware River Railroad Excursion from Phillipsburg (NJ) to Villa Milagro Vineyards in Riegelsville, was a huge success (see pictures). Thanks also for your hard work on the November 1, 2025 Club 60th anniversary dinner gala at Tavern 73 in Pine Brook.

Here is High Life Ski Club's Executive Board for June 2025 through May 2026:

President – Paul Roy Administrative VP/Membership – Carol Cooney Officer at Large – Linda Burns Treasurer – Jeffrey Zega Recording Secretary – Sal Pulitano Corresponding Secretary – Barbara Capsouras Parliamentarian – Ron Smolt NJ Ski and Snowboard Council Representative – Bob Zega Ski Trip Chairperson – Nina Tudorowsky Activities Chairperson – Cliff Gawel Newsletter Editor – Andrie Young Social Media Coordinator – Jason Briggs

Trips and Activities

The Cape Cod trip is June 12 to 19. Contact Phil Uhler to sign up. The Club's Zermatt Switzerland trip is January 30 to February 7, 2026. Whitefish, Montana is February 12-28, 2026. Contact Nina Tudorowsky to sign up. The New Jersey Ski and Snowboard Council offers trips too. Check the website: njssc.org.

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Check for updates regarding in person meetings!

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Submission Deadline for the July Issue is June 28

<u>Send items to</u>: youngne1965@gmail.com

LODGE REPORT

The weather is warming. Flowers are blooming. The final remnants of a memorable 2024/25 winter season are melting away. Though our skis and snowboards are tucked away, your High Life Ski Lodge is eagerly awaiting anyone who would love a summer retreat in Vermont. The summer schedule is included in this edition of the Sitzmark. Join the Lodge on a fun activity weekend...or create you own activity. We'd love to see you in Vermont this summer!!

The first Lodge Work-weekend was held in May. An ambitious group of 16 High Lifers worked through some inclement weather to have the Lodge ready for the summer. In addition to cleaning (inside and outside), power-washing, property maintenance, and painting....the highlight of the weekend was the delivery of four new mattresses!! As the Lodge Committee utilized money raised from Lodge fundraisers to purchase the mattresses, a huge thank you goes to each and every one of you who have shared a dinner, bought a shirt, or donated.

The next Lodge Work Weekend will be held June 20-22, 2025. This will be the last formal Work Weekend until September. All workers receive complimentary Lodge fees on Friday and Saturday nights as well as lunch on Saturday. Mike Burbridge is the House Mom...and signups are open. Mike can be reached at tyrus@aol.com or (973) 610-3692.

The new Lodge schedule has some save-the-date event weekends....including the return of the Rodeo Weekendu Be sure to pay attention to club emails for specific details on upcoming events. In addition, be sure to check out Killington Mountain's webpage for exciting resort activities including free concertsu

Lodge summer rates are now in effect. A reminder that all non-member guests at the Lodge are required to sign a waiver before participating in any activity or staying at the Lodge. Waivers are available on the breakfast-nook bulletin board. Waivers can also be signed electronically by talking to your House Mom. The Club thanks you in advance.

Wishing all Dads a Happy Father's Day

-Chris Cooney Lodge Chairperson

MAY EVENTS

On May 10th, 2025, High Life Club members took part in the annual Hudson Farm Charity hike. All monies go directly to Lake Hopatcong organizations such as the Boy Scouts, Fire Department, Project Graduation, library, youth and sport organizations and PTA. Here are some Hudson Farm history highlights.

In 1904 wealthy Scottish inventor and industrialist John T. McRoy purchased almost 500 acres in what was then Byram Township and built the summer mansion retreat as we see today. This mansion has been beautifully renovated and restored to serve as today's clubhouse. A free historical tour is available during the annual hike.

In 1921 a get together of individuals led to the concept for the Appalachian Trail and this location is really the birthplace of the Appalachian Trail.

Businessman and philanthropist Peter Kellogg (no relation to the cereal) purchased the

property in 1997. He has since increased the size of the farm to approximately 4,000 acres.

Hudson Farm operates as an exclusive, private year-round outdoor hunting facility for its members.



Submitted by: NIna Tudorowsky

May 17

Over 20 High Lifers boarded the Wine Train in Phillipsburg, NJ and rode the rails to Villa Milagro Winery. There we viewed fields of grape vines, enjoyed an entertaining/educationa I wine lesson, tasted a variety of wines with food pairings, and strolled the property on a beautiful, nonrainy May day. After the train ride back, many members relaxed and participated in a High Life Happy Hour Wine and Food Fest with views of the rapidly moving Delaware River.



Submitted by Melody Wegner

MAY EVENTS CONT.

May 28

First of the Garden State Arts Foundation free concerts with High Life Ski Club friends Linda and Oscar, Pam, Joan, Charlotte, Nancy and Doug, and Anita! The Chiclettes and the Donna Summer Tribute had the audience on their feet! So fun!







Submitted by Barbara Capsouras



LODGE GUIDELINES

Hello High Lifers

With the increasing demand of Lodge use the Lodge Committee would like to streamline the communication process as it pertains to making Lodge reservations. This document is meant to be dynamic and will be continuously updated as we figure out what works and what doesn't. The Lodge Committee asks all members to take the below guidelines into consideration as you make your Lodge reservations. Remember....the key to an effective reservation is to have clear and comprehensive communication with your House-mom. As of November 1st, the Lodge will be collecting Winter rates for Lodge use. Please see the Lodge Rules and Regs for the current rates or ask your House-mom.

All reservations must be confirmed directly with a house mom before a payment is made. Failure to do so will result in a mandatory \$5 penalty to be paid into the Lodge Supply Bucket.

Guidelines for paying for Lodge stays through Zelle

For those who wish to utilize Zelle to pay for their Lodge usage, please be aware of the following guidelines:

1. <u>Members (only) can pay for Lodge stays and events electronically using the Zelle app</u> on their mobile device.

2. <u>NO ZELLE PAYMENT is allowed until after you've communicated with the</u> <u>house-mom and have a confirmation for your stay. If a payment is made prior to</u> <u>confirmation from the house-mom, a \$5 penalty will be assessed.</u>

3. Zelle can ONLY be used for payments. <mark>No refunds will be made once a Zelle payment is confirmed.</mark> If a change to a reservation is made and is compliant with the Lodge rules, a credit will be issued.

4. If a member uses Zelle for payments, the member is responsible for ensuring they know how to correctly use the Zelle application. High Life Ski Lodge, Inc. is not responsible for any user error, application malfunction, or security of the relationship between Zelle and your bank account.

To pay using Zelle, please follow these instructions:

 Confirm the Zelle-recipient information with the House-mom. Input this information per House-mom instructions.

In the comment section (may be listed as "Reason", "Add a Memo" or something similar based on your banking or Zelle app), please list dates of your intended overnights (ie. Jan 4,5,6) and the name of the corresponding house-mom. Including this information in the comment section eases tracking for your payments. Please note: This field is NOT required by Zelle to execute a transaction.....you must consciously input the requested information. See Screenshots below.
Failure to include this information will result in a \$5 penalty to be paid to the Lodge supply bucket.

LODGE GUIDELINES CONT. 12:37 -12:39 -12:53 K Back Zelle® Zelle® Review & Send Cancel Review and Send Cancel Send \$66.00 Send \$66.00 Send \$66.00 HI, HL HIz to High Life Ski Lodge to High Life Ski Lodge Enrolled as HIGH LIFE SKI LODGE INC Accounts to High Life Ski Lodge Enrolled as HIGH LIFE SKI LODGE INC Accounts Reason (Optional) Add a Memo Lodge stay nights of February 21 and 22. Ken Chodkiewicz is house mom Reason (Optional) The money will typically be available in High Life Ski Lodge's account in minutes. The money will typically be available in High Life Ski Lodge's account in minutes. By choosing SEND you authorize this payment and it cannot be canceled By choosing SEND you authorize this payment and it cannot be canceled. Back Send \$66.00 9 \$ G \$ = =

Note: Your bank or Zelle app may look different. These are for example only.

-Once you've completed the payment, please inform the house-mom. Optionally (if your personal banking information is not visible) you could additionally forward a screenshot or confirmation email.

<u>REMINDER:</u> Making a Zelle payment prior to receiving house-mom confirmation of your reservation or failing to fill in the Reason/Memo section of the Zelle transaction will result in a \$5 penalty.

Reservations are taken in person at Club meetings as per the dates on the Lodge schedule, which is posted on the Club Web Page (or you can ask a House-mom to email you the .pdf). After that meeting house moms will accept reservations by email or phone call only!! No initial contact with a House-mom via text-message.

Please call during reasonable hours of the day (hint: if you have to ask yourself if it's a reasonable time, chances are it isn't)....and remember that many of our House-Moms still work and might not be able to respond for several hours. Our House-Moms do their best to acknowledge your communication as quickly as possible, but at times an immediate response is not possible. If you'd like to go to the Lodge, please allow ample time for your House-Mom to get back to you. During your initial communication please include the following information

***The High Life Lodge Committee loves our storm-chasers as well as those who love to spontaneously journey to Vermont. Please keep in mind that as you try to communicate with the house-mom, they may already be at the Lodge (especially if you are calling from Thursday-Monday). Please be sure to try calling the Lodge (802-773-9742) if you have difficulty communicating with the house-mom for your spontaneous plans.

LODGE GUIDELINES CONT.

1. Your full name

 Number in your group and composition (ie a couple, kids (ages), family, member or guest, etc) and their full names.

- 3. Date and day of arrival, the number of nights, and the date/day of departure
- 4. Your intended Payment method (Zelle, mailing a check, payment upon arrival, gift-card, voucher, etc)

-Below are some examples of the type of information that would best-help your communication with your House-mom. These are not intended to be all inclusive.... they're just samples.

Example 1

Hello my name is "John Smith". I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. I will be alone. If I can get bed XYZ, that would be great but will take what is available. I can give you a check upon arrival or mail to you. Thank you

Example 2

Hello my name is "John Smith" My wife "Jane Smith" and I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. Jane is also a member and we would like a couple's room if available. I can Zelle the payment and so as you can confirm. Thank you.

Example 3

Hello my name is "John Smith". I would like to make a reservation for myself, my son "Adrian Smith", my brother-in-law "Steve Harris" and his son "George Harris". Steve and George are not members. We would like to arrive at the lodge on Friday, December 1st, stay for 2 nights, and depart on the morning of the 3rd. If possible, I would like all of us in one room. I can mail you a check or give you a check upon arrival. Thank You.

Once you have your assigned bed, you are not allowed to change your sleeping location without approval from your House-mom. This includes taking a perceived empty bed in another room or in the attic.

There've been a few occasions when we have had members arrive late at night only to find someone in the bed/room they have been assigned. Mayhem and chaos ensue.

As House Moms we do our best to facilitate your reservation and make your Lodge experience as enjoyable as possible. We take into consideration each scheduled member coming-and-going, changes of plans (extending/shortening their stay), groups that would like to bunk in the same room, short notice requests and overlapping stays that cover two or even three different House Moms. Eighteen hundred bed nights is awesome...but can be a bit to juggle...so please, talk to the House Mom before moving from assigned bed/room. We promise to do our best to help.

We thank you for your cooperation and look forward to a wonderful winter,

The Lodge Committee.



JUNE EVENTS



Another Reason for Summer at the Lodge

By the time you are reading this in the Sitzmark, the Killington golf course has been open for two weeks. Michelob Ultra league nights begin Thursday, June 12th and every Thursday afternoon through September 5th. League play is in a nine hole scramble; awards, door prizes and a free buffet are included with your registration each Thursday. Season passes for golf are available and Beast 365 holders are entitled to free golf and mountain biking throughout the summer and fall Summer rates are in effect at the lodge.

Join as an individual or organize a group. Hope to see you there!!



Submitted by David Young

Community News:

Did you know...... "High Life made the Mountain Times Newspaper".

Submitted by Carol Cooney





June 20

First day of Summer







JUNE EVENTS CONT.



June 14 – June 21. <u>CAPE COD TRIP AT SPRINGTIME</u> We are back at Kingfisher Lodging, 177 Main Street, Dennis, MA 02638.

Price per room per night is \$105 for club members (\$110 for non club members) which includes pizza dinner with wine and beer. As always, it's first come first serve and new this year, please note, club reservations will be cut off May 14 at which point rooms return to \$220 a night.

Your room is reserved when I have your money so mail checks made out to me, Phil Uhler, to 371 Finch Lane, Bedminster, NJ 07921. Or Zelle me the money.

There will be an opportunity for a P'town sand dune tour with wine and other side trips. Bring your bikes for awesome trails, your fishing pole, golf clubs, kayaks and other toys. Whale watching, deep sea fishing, train excursions, trips to Nantucket or Martha's Vineyard- your recreation possibilities are boundless.

This trip is sure to fill up fast so act accordingly. Phil UHLER 908-295-4457



June 20-22

Work Weekend

As we say goodbye to Spring and say hello to Summer, let's get to better and ready our Lodge for the season ahead on the Work Weekend. Join us!!











July 26

Rodeo Weekend



<u>November 1, 2025.</u> Save the Date: High Life Ski Club 60th Anniversary Celebration

Event Announcement

We are thrilled to announce the updated date for the High Life Ski Club 60th Anniversary Celebration. This milestone event will now take place on Saturday, November 1, 2025, replacing the previously announced date of October 25th.

<u>Event Details</u>

Join us for an unforgettable evening filled with:

- Delicious food
- Classic rock performed by the Kootz
- Exciting fun
- Wonderful company

Saturday, November 1st from 6-10 pm, Tavern 73 on Rt 46 Pine Brook Price \$75 with Cash Bar

The official invitation/RSVP form will be emailed this summer.

Plan Ahead

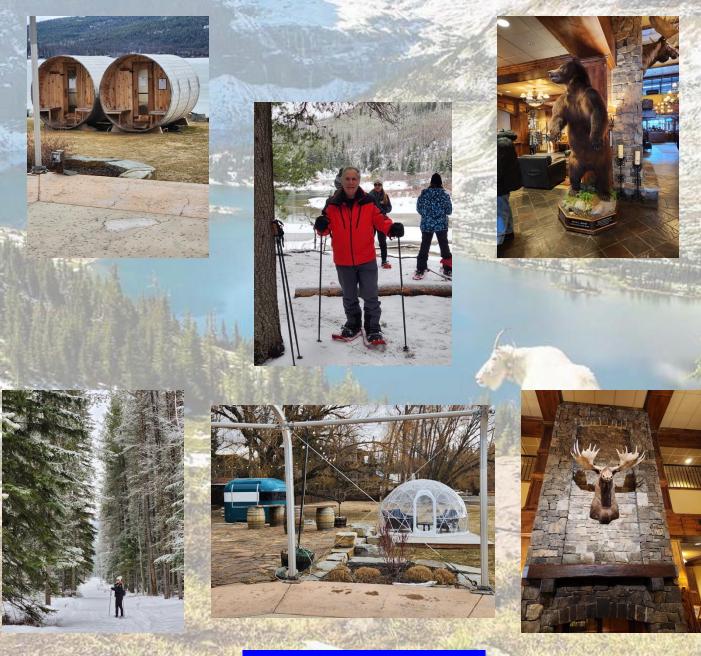
Please mark your calendars and save this date. Let's come together to celebrate six decades of camaraderie, adventure, and unforgettable memories. We look forward to seeing you there!

Submitted by Medody Wegner

SKI TRIPS 2026.

ZERMATT/PARIS 2026 JANUARY 30- FEBRUARY 7 2026 IS NOW ACCEPTING WAITING LIST SIGN UPS ONLY. PLEASE CONTACT NINA TUDOROWSKY FOR FURTHER INFORMATION: <u>tudorowskynina@gmail.com</u> or 973.900.4412

WHITEFISH, MONTANA FEBRUARY 21-28, 2026 IS OPEN. PLEASE CONTACT CHARLES KIRK FOR FURTHER INFORMATION <u>cfkirk@hotmail.com</u> or 973.650.7925. Enjoy some of the photos taken this last week of March at the Lodge at Whitefish. Photos also of snowshoeing at Glacier National Park.



Submitted by Nina Tudorowsky

President's Message Cont.

Club Finances

The Club is in good shape financially, with \$35.400 in the General Operating Account, and another \$20,000 plus interest earned in a certificate of deposit. This is a direct result of strong membership enrollment. The Club has 363 members in May including 60 new members in the past year. Many of the new ones are from New England as they want to take advantage of our fine Lodge.

Meetings and Other Events

The Executive Board met May 13. At that night's membership meeting - with 23 attending, we asked the members to approve a \$2,000 expense for the band and cake at the November 1 sixtieth anniversary dinner event. The members did approve the expense. Technically, the Club's by-laws require 10 percent of membership (36 members) to approve this expense. Following the recommended procedure in Robert's Rules of Order, the membership will be asked to ratify this \$2,000 expense at the next meeting that we have sufficient attendance. The Lodge Trustees met via Zoom May 29. There was no membership meeting in late May.

Here are the upcoming Club meeting dates. There will be just one membership meeting during the months of June and July. The next Zoom meeting for all members will be in September or October. Check the Club website and your email for the latest schedule.

<u>High Life Ski Club Meetings Schedule</u>

Tuesday June 10 at Exchange Restaurant
6:30 pm Executive Board Meeting
7:30 pm Membership Meeting

Tuesday June 24 Zoom 7:00 pm Lodge Trustees

Tuesday July 8 at Exchange Restaurant
6:30 pm Executive Board Meeting
7:30 pm Membership Meeting

Tuesday July 22 Zoom 7:00 pm Lodge Trustees

Tuesday August 12 at Exchange Restaurant
6:30 pm Executive Board Meeting
7:30 pm Membership Meeting

Tuesday August 26 at Exchange Restaurant
6:30 pm Lodge Trustees
7:30 pm Membership Meeting

HLSC Lodge 2025	Summer Season
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HLSC Lodge 2025 Summer Season						
WEEKEND Saturday	Dates	Event	START SIGN UPS Tuesday	Trustee	Combo	
3-May	04/30-05/06		22-Apr	Chris Cooney		
10-May	05/07-05/13		29-Apr	Dave Young		
17-May	05/14-05/20	Work Weekend	6-May	Donna Long		
24-May	05/21-05/27	Memorial Day	13-May	Jim Ferrone		
31-May	05/28-06/03		20-May	Chris Moser		
7-Jun	6/4-6/10		27-May	Steve Anderson		
14-Jun	6/11-6/17		3-Jun	Nancy Mathieson		
21-Jun	6/18-6/24	Work Weekend	10-Jun	Mike Burbridge		
28-Jun	06/25-7/1		17-Jun	Ken Chodkiewicz		
5-Jul	7/2-7/8	July 4th	24-Jun	Jack McDevitt		
12-Jul	7/9-7/15		1-Jul	Kerry Klotz		
19-Jul	7/16-7/22	Golf Weekend	8-Jul	Chris Cooney		
26-Jul	7/23-7/29	Rodeo Weekend	15-Jul	Donna Long		
2-Aug	7/30-8/5		22-Jul	Steve Anderson		
9-Aug	8/6-8/12		29-Jul	Nancy Mathieson		
16-Aug	8/13-8/19		5-Aug	Chris Moser		
23-Aug	8/20-8/26	Motorcycle Touring	12-Aug	Chris Cooney		
30-Aug	8/27-9/2	Labor Day	19-Aug	Jim Ferrone		
6-Sep	9/3-9/9	Work Weekend	26-Aug	Jack McDevitt		
13-Sep	9/10-9/16		2-Sep	Mike Burbridge		
20-Sep	9/17-9/23		9-Sep	Donna Long		
27-Sep	9/24-9/30		16-Sep	Jim Ferrone		
4-Oct	10/1-10/7		23-Sep	Kerry Klotz		
11-Oct	10/8-10/14	Work Weekend	30-Sep	Ken Chodkiewicz		
18-Oct	10/15-10/21		7-Oct	Nancy Mathieson		
25-Oct	10/22-10/28		14-Oct	Jack McDevitt		
1-Nov	10/29-11/4		21-Oct	Mike Burbridge		
8-Nov	11/5-11/11	Work Weekend	28-Oct	Chris Cooney		
15-Nov	11/12-11/18		4-Nov	Steve Anderson		
22-Nov	11/19-11/25		11-Nov	Jim Ferrone		
29-Nov	11/26-12/2	Thanksgiving	18-Nov	Ken Chodkiewicz		
6-Dec	12/3-12/9		25-Nov	Chris Moser		
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